



President's Message

I'm looking forward to the temperatures actually being fall like!

Welcome to new member Kathy Shockley. I hope everyone takes the opportunity to meet her and welcome her to the club.

On September 8th, eleven volunteers from Altrusa Richardson joined many other organizations to pack more than 100,000 healthy meals, which will primarily be distributed in the North Texas area.

Samanthia Slaight and I attended the Compassion Conference 2019, hosted by Compassionate DFW. And held at First Methodist church of Richardson. The Conference was excellent; very educational and inspirational, that generated several ideas for expanding Altrusa's involvement in the community.



HASR hosted the Richardson Celebration of The North Texas Giving Day. Our Foundation and Club partnered to have a booth. Six Altrusans assisted visitors to Spin the Wheel of Kindness for prizes and had the opportunity to talk to people about what Altrusa is and encourage joining us. Altrusa also received just under \$210 in donations!

I write this just after the Town Hall meeting. I want to thank the twelve members who attended, it was very productive. We discussed dinner meeting options and options for program and speaker selection. We also discussed ways to more thoroughly involve members in the meeting process and membership.

One of the ideas that you will be hearing more about is smaller groups of members getting together in member's homes in a more informal setting to talk about all aspects of the club and brainstorm ideas for making the club better and more responsive to member needs.

This month we are making final preparations for our signature event of the year, the **Sixteenth Outstanding Women of Today Awards Luncheon**. Every single one of us are needed to continue the wonderful success of this event. Remember this is the main source of funds for our service next year and every member is expected to contribute in some fashion; by volunteering, donating to or attending the event.

Altrusa hugs,



President, 2019-2020

972-998-0160

Upcoming Events for OCTOBER

See online calendar for event details, location, and sign-up at <http://altrusarichardson.com>

- Oct 3 & 17 "Sole to Soul Shoe Drive" bring children's shoes to either October mtg. "Seats & Feats Collection", bring children's underwear and socks to either October meeting
- Oct. 3 6:00 pm OWT Team Leaders Meeting
- Oct. 3 7:00 pm Business Meeting
- Oct. 5 10:00 am Lone Star Book Movers
- Oct. 5 6:00 pm Altrusa Book Swap/Donation
Cindy McIntyre's home
- Oct. 17 7:00 pm Dinner/Program Meeting
KAN Kindness Action Ninjas host
- Oct. 19 1:30 pm Ability House Halloween Party & Reverse Trick-Treat
- Oct. 21 6:00 pm OWT Team Leaders Meeting
- Oct 21 7:00 pm **ALL** OWT Team Leaders
- Oct. 24 Noon Tidings Deadline
- Oct. 24 8:00 am HASR "Innovations" Event
- Oct. 24 6:30 pm Board of Directors Meeting
Friends Place, ALL Members welcome
- Oct. 28 6:00 pm AWCLS Book Club
"The Heretic's Daughter"

BOARD OF DIRECTORS

Board of Directors Meeting, September 26, 2019

by Bobbi Klein, President

President's Report: The North Texas Giving Day was a success and our participation was positive. More than 100,000 Donors gave a record \$50 million dollars to organizations in the North Texas region. Altrusa of Richardson received just under \$210 which covered the costs of our participation in the HASR Richardson Celebration. Board members are encouraged to attend the Town Hall meeting on September 29th.



President-Elect's Report: (Administrative Committee Liaison) *Samanthia Slaight* — The Finance Committee recommendation for acceptance of the Foundation budget was unanimously approved by the Club Board via email September 16th and the Club approved at the September 19th meeting.

Vice-President's Report: (Foundation Committee Liaison and Liaison to Foundation) Donna Buhr. Donna presented a written report detailing the Service committee's activities and plans for future projects. The Foundation Trustees approved the Foundation Budget at their quarterly Foundation meeting.

Treasurer's Report: Mary Beth McLemore — The current bank balance is \$6,744.40.

Corresponding Secretary's Report: Lynn Solomon — Invitation to Texas Republic Bank Open House. Total Volunteer Hours reported as of September 26, 2019: 1,348.25 reported volunteer hours.

The next Board of Directors meeting will be **Thursday, October 24, at 6:30 pm** at Friends Place. **ALL** members are always welcome.

AVAILABLE MONEY FOR PROJECTS

Community Initiative Funds

By Nancy Rohm, Past President

When I was president of our Richardson Altrusa Club 2016-17, we had just finished a Community Survey to learn unmet needs in our community. The results of the survey showed there were needs in Education and Literacy, Seniors, International and Diversity, and Community and Volunteerism. About the same time the results were announced to our membership, a wonderful monetary donation of \$10,000 was made anonymously to our local Altrusa Foundation. Since that time only about a third of the money has been spent. There is \$7,023.26 remaining. It is held in Reserve.

The money is for unmet needs in our community. Since I was the president at the time, I asked that as much as possible of it be used to hands-on projects. I still think that is ideal, even though it's not required. Once your service committee has committed/spent their entire budget for this year, your committee may request additional funds if they want to do something more. A Committee Chair should prepare a written request of how much money is requested and what this money will be used for. Give or send the request to MaryBeth McLemore, Chair of the Finances Committee. She will present the request to the Finances Committee, then to the board, then to the membership of the club. Assuming all three entities recommend it, the Foundation will make the final decision and likely a check will be cut. This process does not take long; some of it can be done by email.

Please don't let lack of funds keep you from doing something good for our community!

ABILITY HOUSE COMMITTEE UPDATE

It's a Haunted Halloween Happening!

Join Kathleen the Witch (pictured right) and the other residents at Ability House for the annual Halloween Party. Help us celebrate this fun event with ice cream and cake, and other fun stuff! There's sure to be plenty of Tricks and Treats. If you can't come for the whole party, won't you come and Reverse Trick or Treat! We would love for you to stop by and ring the doorbell and instead of asking for a treat bring a treat for our friends instead! What a fun treat for them to get to some new Altrusans and if you've never been to Ability House you can check it out. Doesn't everybody need new friends?



Do you have any masks, wigs, hats or other easy to wear items for a special dress up box for our friends? Please bring them to the October meetings (or contact Rosemary Gouger) so we'll have them in time to dress up for Halloween.

LEADERSHIP/STRATEGIC PLANNING COMMITTEE

Notes from the "Town Hall Meeting"

By Rosemary Gouger, Co-Chair

Twelve Altrusans attended the first Town Hall meeting; Barbara Berthold, Mimi Tanner, Nancy Rohm, Bonnie Perry, Pam Johnson, Donna Buhr, Gayle Ingle, Carol Ruxskowski, Jane Merz, Bobbi Klein, Rosemary Gouger, and Samantha Slaight.

What was discussed?

- ⇒ Increasing member communication
- ⇒ Increasing member respect for each other
- ⇒ Working together to streamline current service projects
- ⇒ Increasing new member information and opportunities
- ⇒ Increased awareness of member's talents and interests
- ⇒ Brain Storming Sessions at Business meetings; allowing more member participation in addressing issues, ideas, and projects
- ⇒ Possible in home, small group, Cafe' Conversations regarding all facets of Altrusa membership; to include every single member
- ⇒ Dinner/ Program meetings:
 - * Remind members the cost of room rental, linen rental is included in the price of the meals
 - * Menus and pricing of meals
 - * Working with Tim to create new menu ideas within our budget; give members voice in menu choices
 - * Program Ideas: Include more Agencies and general member interest and information

More FUN!

What would YOU like to see happen?

MEETINGS/ PROGRAM COMMITTEE

Kindness Action Ninja's

Our Program Meeting will be hosted by the Kindness Committee. We will be discussing plans for the Kindness Action Ninja Weekend.

Register online by Noon Tuesday, October 15th to attend. If you are coming but not eating you still need to make a reservation. Need to change or cancel a reservation? Contact the Dinner Reservations Chair:

[Barbara Cornelius at 214-335-8223](#)

**See what Kindness
K.A.N. Do?!?!**



HASR/ KINDNESS COMMITTEE

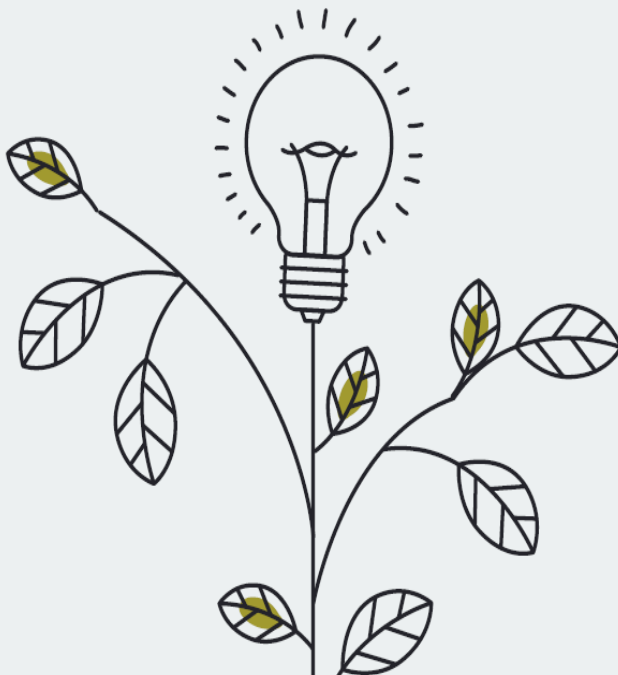


HASR
Helping Agencies Serving Richardson

proudly presents

This event will have important information for you. We can attend FREE because Altrusa is an HASR member. Plan to take advantage of this special opportunity.

Volunteers are also needed to help during the event. Contact Mimi Tanner to help.



INNOVATION

a conference for nonprofit professionals, boards, & volunteers

REGISTER

[hasrrichardson.org/
signature-event](http://hasrrichardson.org/signature-event)

**THURSDAY,
OCT 24, 2019**

Richardson Civic Center
411 W Arapaho Rd

**8:00 AM -
2:10 PM**

Lunch & Breakfast
Provided



first united methodist church
Richardson



ALTRUSA ACCENT

Celebrating Altrusans



Barbara O'Dell	October 7
Gerry Carron	October 9
Sue McElveen	October 11

MEMBERSHIP COMMITTEE – RECRUITMENT

September New Member Initiation



Above Carol Ruzskowski (left) conducted the September new member initiation. Sponsor Gloria Sandoval (center) introduces new member Kathy Shockley (second from right) while Kathy's other sponsor Jane Tucker (right) looks on.

COMMUNITY OUTREACH AND GRANTS COMMITTEE

Richardson Reads One Book Author Reception and Lecture



Pictured above are some of the Altrusa sponsors and ushers. Left to Right are Carol Ruzskowski, Shirley Wilson –Sigler, Bobbi Klein, Nancy Rohm, Ann Turner, Samantha Slaight, Attica Locke (seated center) Gloria Sandoval, Lynn Solomon, Mary Beth McLemore Pam Johnson and Janet Vance.

September 24th was the Author lecture event for this year's Richardson Reads One Book selection "Bluebird, Bluebird". Author Attica Locke is a Texas native and has written several crime novels as well as being a writer for the popular cable series "Empire". Miss Locke was kind enough to pose with some of the Altrusa sponsors and ushers. Altrusa Richardson and many individual Altrusans have been Richardson Reads One Book sponsors for the past 15 years. And as always, Altrusa supplied volunteers to serve as ushers at the event.

COMMUNITY OUTREACH COMMITTEE

Altrusa Supports The Counselling Place



A Counselling Place staffer displays the donation of Composition books made by the Community Outreach Committee in September.



The plaque above recognizes Altrusa for our many years of support. It is outside the Telehealth Room made possible by a recent \$1500 Altrusa Grant.



The computer above is part of the Telehealth Room which provides a separate space for counselors to "see" clients who are unable to come in to the center.

COMMUNITY OUTREACH COMMITTEE

Feeding Children Everywhere Meal Packaging

By Samantha Slaight

Richardson Interfaith Alliance, the City of Richardson, the Richardson Chamber of Commerce, and Compassionate DFW, along with Altrusa International of Richardson volunteers, teamed up on September 8, 2019 at the Richardson Civic Center to hand pack 100,000 healthy meals for hungry children and families. Altrusa volunteers participated by greeting and checking in volunteers as well as packing meals. The meals are distributed to those who need them most in the community and around the world. Currently, millions of people face hunger every day and through this Hunger Project, hungry people are fed.



COMMUNITY OUTREACH & LEADERSHIP COMMITTEES

Altrusa Attends the Compassion Conference 2019

Mayor Paul Voelker was a special guest panelist at the 2019 Compassion Conference, representing Richardson, which is denoted as a "Compassionate City". The conference was the first of its kind and was sponsored by Compassionate DFW and the Charter for Compassion. Altrusa was represented by President Bobbi Klein and President Elect Samantha Slaight.

Pictured left to right: Marilyn Turkovich, Executive Director of The Charter for Compassion; Charles Barker, President of Compassionate DFW and Chair of the Board of Trustees, of The Charter for Compassion; Mayor Paul Voelker; Bobbi Klein; Mayor Pro-Tem Janet Dupey, and Samantha Slaight

COMMUNITY OUTREACH COMMITTEE

“Sole TO SoulShoe” Collection for NETWORK



NETWORK IN IN NEED OF SCHOOL AGE CHILDREN'S SHOES. In lieu of a Toy Drive for NETWORK this year, the Community Outreach Committee has determined that a more pressing need is shoes for school age children. Please consider bringing new or gently used shoes to the October Business or Program Meeting. Thank you.

SOPHOMORE SISTERS COMMITTEE

“Seats & Feets” Collection for Make a Difference Day

By Linda Caron

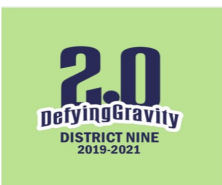
Under the leadership of Past President Sarah Nesbit, the Sophomore Sisters have planned a special project for this fall. It is called “SEATS & FEETS” and will be a collection of new underwear and socks for young children. These will be collected, packaged in groups of two, and given to NETWORK of Community Ministries to hand out to their clients. We’ll be doing the packaging on “Make a Difference Day” (Saturday, Oct 26) so we only have a few weeks to meet our goal. Our goal is to collect 1000 articles of clothing. This may sound impossible, but you might be surprised at how far a few dollars will go. For instance, I was able to purchase 45 pair of socks for only \$20 at the Dollar Tree store. We have a budget of \$600 to draw from and hope to also be able to use some of the Community Initiative Funds that have yet to be distributed. But to be successful, we need each and every Altrusan (and hopefully friends and family) to consider making a contribution. Imagine being a small child and not even having enough clean underwear

or socks to last for a week of school! The cost of a lunch or dinner for you can change that for a child. Sara Deats has designed a wonderful colorful flyer for our project to put out on the Altrusan website and Facebook pages. Please share it with friends and family. On behalf of all the Sophomore Sisters, (Mary Beodosky, Mary Boyter, Linda Calkin, Sara Burton Deats, Sarah Saunders, and Thanh Tran), thank you in



DISTRICT NINE ACCENT

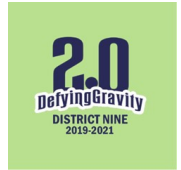
It’s Time to Get Ready for 2020 District Nine Conference!



District Nine will be making registration for the 2020 District Nine Conference available starting November 1st. As you know, our Club will be hosting the Conference at the Renaissance Hotel, here in Richardson. So be making your plans now to help make this the best Conference in District Nine history! The Kindness Ninjas can do it!



ALTRUSA INTERNATIONAL OF GARLAND
invites you to join in a
MEMBERSHIP EXTRAVAGANZA



Thursday, October 10, 2019 at 6:00 pm

featuring **Beverly Luedke**

Beverly is a dynamic, motivating speaker and will present strategies on growing Altrusa with

“out-of-the-box” ideas! She is on the international membership committee,

former chair of district membership and Temple Altrusa president.

Garland Altrusa meets at Holiday Inn, 5110 N. George Bush Frwy

Dinner is \$25 and a reservation is needed by October 4.

No need to pay in advance. Pay at the door but if circumstances change and you can't attend, cancellation must be made by October 6. (Club must pay for all reservations not cancelled by this date.)

Contact: Shirley Raymer for reservation

saraymer5@gmail.com or call 972-278-8891/214-213-4281



Richardson Chamber of Commerce

Friday, Oct. 18, 11 am - 4 pm

Richardson Civic Center

www.richardsonchamber.com/healthexpo

Find local professionals who can help your health & fitness,
nutrition and special needs.



October 2019 U.N. Days and Other Observances

Excerpted from www.un.org



International Day of Older Persons, October 1, 2019:



Between 2017 and 2030, the number of persons aged 60 years or over is projected to grow by 46 per cent (from 962 million to 1.4 billion) globally outnumbering youth, as well as children under the age of 10. Moreover, this increase will be the greatest and most rapid in the developing world ([A/RES/73/143](#)). [Population ageing](#) is poised to become one of the most significant social transformations of the 21st century.

Older people have always played a significant role in society as leaders, caretakers and custodians of tradition. Yet they are also highly vulnerable, with many falling into poverty, becoming disabled or facing discrimination. As health care improves, the population of older people is growing. Their needs are also growing, as are their contributions to the world

World Teachers Day, October 5, 2019: Held annually on 5 October since 1994, World Teachers' Day commemorates the anniversary of the adoption of the 1966 ILO/UNESCO Recommendation concerning the Status of Teachers. This Recommendation sets benchmarks regarding the rights and responsibilities of teachers and standards for their initial preparation and further education, recruitment, employment, and teaching and learning conditions. The Recommendation concerning the Status of Higher-Education Teaching Personnel was adopted in 1997 to complement the 1966 Recommendation by covering teaching and research personnel in higher education.

With the adoption of the Sustainable Development Goal 4 on education, and the dedicated target (SDG 4.c) recognizing teachers as key to the achievement of the Education 2030 agenda, WTD has become the occasion to mark progress and reflect on ways to counter the remaining challenges for the promotion of the teaching profession

International Day of the Girl Child, October 11: Since 2012, 11 October has been marked as the International Day of the Girl. The day aims to highlight and address the needs and challenges girls face, while promoting girls' empowerment and the fulfillment of their human rights.

2019 Theme – GirlForce: Unscripted and Unstoppable

Nearly 25 years ago, some 30,000 women and men from nearly 200 countries arrived in Beijing, China for the Fourth World Conference on Women, determined to recognize the rights of women and girls as human rights. The conference culminated in the adoption of the [Beijing Declaration and Platform for Action](#): the most comprehensive policy agenda for the empowerment of women.

In the years following, women pressed this agenda forward, leading global movements on issues ranging from sexual and reproductive health rights to equal pay. More girls today are attending and completing school, fewer are getting married or becoming mothers while still children, and more are gaining the skills they need to excel in the future world of work.

Today, these movements have expanded. They are being organized by and for adolescent girls, and tackling issues like child marriage, education inequality, gender-based violence, climate change, self-esteem, and girls' rights to enter places of worship or public spaces during menstruation. Girls are proving they are unscripted and unstoppable.

This year, under the theme, **“GirlForce: Unscripted and unstoppable”**, we will celebrate achievements by, with and for girls since the adoption of the Beijing Declaration and Platform for Action.