



*Light Tomorrow with Altrusa
Today*

Ginger Tonne

President's Message

Fall is upon us and hopefully cooler temperatures are not far behind. We, Altrusans have been very, very busy - "Giving".

Webster defines "Give" with 26 different ways, but for us the number one definition fits. "Give" - to present voluntarily and without compensation. Our club is one of an altruistic nature that shows a selfless concern for the wellbeing of others.

Altrusans have "giving" hearts. Our members in the last four months have given backpacks and school supplies to our Richardson community. Over 2,000 books (our goal) have been given for the "One in a Million" International Altrusa project created by International President, Kathy Foley.

Going forward, a coat drive has been organized and the coats are coming in and a shopping date has been set. A book rotation is set for the month of November. In addition, projects relating to Alzheimer's, Apple Tree Court Auction, and Hopes Door will continue throughout the year. Plus, there are some significant potential new projects being reviewed by our fantastic Community Outreach team.

Don't forget KAN is the spring. The giving just keeps going.

Another exciting time for our club is OWT. "Outstanding Women of Today". It's on the horizon for October. This year's theme, "Hearts for Humanity" created by our own Cindy McIntyre fits right into our giving spirit.

Please take the time to thank each other, yourself and, the outstanding OWT chairs and committee members. The honorees are made up of fantastic community women from companies and businesses in our area. When it is all said and done, over \$40,000.00 will have been raised to allow us to keep giving to our community.

So, as we finish out this year of 2022, remember to be thankful for our club and its members. It is truly better to give than receive. Every member has their own special halo. Plus, please keep Lighting tomorrow with Altrusa today.

Coming events

Oct	5	11:30	Lunch Bunch, Wildwood Grill 1417 E. Renner Rd., #300
Oct	13	6:30	Board of Directors Meeting Friends Place
Oct	16		World Food Day
Oct	20	6:30	Monthly Club Meeting Richardson Woman's Club
Oct	22	1:30	Ability House Fall/Halloween Party, Woodhaven Place
Oct	24		United Nations Day
Oct	24	6:00	AWCLS - AKA Book Club Christine Hart's home <i>My Remarkable Journey, A Memoir</i>
Oct	28	11:00	Outstanding Women of Today Luncheon - Founder's Hall
Oct	31		October volunteer Hours Due

2022 DISTRICT NINE FALL LEADERSHIP EVENT

"Rise and Shine with Patriotism, Efficiency, Service"
Saturday, November 12 10:00 a.m. - 3:00 p.m.
Hilton Garden Inn Dallas/Duncanville
800 North Main Street, Duncanville, Texas 75116

October Birthdays

Oct	7	Barbara Odell
Oct	11	Sue McElveen
Oct	20	Vrena Patrick

OWT is Almost Here!!

And we are sold out! Now is the time to look to the Raffle:

OWT RAFFLE ITEMS

Purchase raffle tickets at the door on event day. Single tickets are \$10 or 3 for \$25. Not attending? Call Brenda Duckett at 214-577-5217.

Grand Solmar Resort at Cabo San Lucas, 1 week stay, Master Suite sleeps 4 with full kitchen, based on

availability (some exclusions apply). Airfare not included.

Value \$2,400

Pearls and Diamonds from Leland's Gold and Diamond: 18inch 14kt white gold Spiga chain with diamond (.12 carat, GVS1) and Akoya pearl pendant. Matching pair of 12 kt white gold pearl studs. Value \$2,125

Highlands Retreat at Corrydon Lodge, Perthshire Scotland, sleeps 10; Airfare not included. Value \$1,400

Inflation Bailout: \$500 Visa Gift Card

Stay and Play-Dury Hotels (one night stay at over 150 locations), Richardson Symphony Tickets, Desperado's Mexican Restaurant, Lockwood Distilling Company merchandise and vodka, plus \$50 gift card. \$450 value

Glam Girl-Glamour Nails gift certificate, Kendra Scott earrings, Swarovski crystal collar necklace, BYKR Metal Works bracelet, plus \$50 Starbucks card. \$425 value

Times Ten Cellars Private Wine Tasting for 10, plus \$50 gift card. \$340 value

Communion Neighborhood Cooperative Co-Working 1-month membership. \$250 value

Lunch Bunch

Lunch Bunch is FUN! October 5th at Wildwood Grill in City Line at 11:30 a.m. Register to attend on the website and join the other lunching ladies for a fun time! Find the address in the Calendar of Coming Events, and you can find their menu by clicking [here](#).

Altrusa in Texas! 100th Anniversary Celebration

By Sue McElveen

The date of the 100th Anniversary of Altrusa in Texas is April 23, 2023. That is the last day of District Conference in 2023. We will be doing a formal celebration for our 100th birthday on Friday Night, with details just beginning to be worked on. Each club will submit ideas and those will be used to form the activities on Friday night of Conference.

Conference dates are April 21 – 23, 2023. If you have never been to conference, start planning now to attend. There will also be installation of new officers. It is being held in Grapevine so it will be close enough for those members that do not want to stay at night, to be able to drive (carpool) back and forth. However, if you do not stay at the hotel, you miss a lot of good bonding time, not only with your Richardson sisters but with Altrusa sisters from all over the state.

Some ideas from the District Committee:

Each club do a video with template provided by District

The district committee will be formulating a commemorative book with entries from each active club in Texas, plus a written history of Altrusa in Texas

Each club is to gather data on when club was formed, who was responsible for forming club, when chartered, etc.

Some ideas for inclusion in video would be # of members since beginning, where individual club has made the most impact in their community, how many members since charter, etc. how many volunteer hours (total for life of club) have we done, what literacy projects have been done.

What about people not coming to conference? Find ways for current club members and past club members to be involved in the celebration who are not going to conference.

Goal is that we have 100% participation from all Texas clubs, but of course our committee will just concentrate on ways to garner 100% support from our current members in Richardson.

The ad hoc committee will formulate a plan but it will take many of us working to complete the tasks.

There are plans to present a commemorative charm that you can purchase to wear on your ribbon. The sale of the charm and book will help defray the cost of the celebration.

These are some of the things the ad hoc committee will be researching and we will come up with some ideas to present to the club. As we develop a plan, we will be asking you all to help flesh out ideas and turn those into a workable plan.

The ad hoc committee is: me, Mary Osentowski, Kimberly Kierce, Pam Johnson, and Robbin Murley. If you have any questions, please feel free to call or email me (I'm in the directory).

Add an Altrusan Day – a Great Success!



By Brenda Boston

Thank you to all who participated in our Add an Altrusan Day event! We were especially glad to have so many

visitors. The Kindness Committee put them right to work on their “Ribbon Cutting” project, so it looks like there were lots of ribbons cut.

Altrusa Lends Their Scissors to Help Days for Girls

By Jane Tucker



At our September 15th monthly meeting during our Add an Altrusan reception, club members joined in ribbon cutting hands-on project for the Highland Village Days for Girls Team. The ribbons will be used in the 550 backpack totes which carry menstrual supplies donated to women and girls worldwide.

Days for Girls is a nonprofit organization that is turning periods into pathways. It began in 2008 when Founder and CEO, Celeste Mergens was working with a foundation in Kenya assisting orphanages in the outskirts of Nairobi. These orphanages normally housed 400 orphans but to political upraising they were housing over 1,400 orphans. Interested in girls' health, Celeste asked about menstrual practices for these girls and was shocked to learn that during their periods they were confined to their room and often went without food. Learning this she decided something had to change and started Days for Girls. Today, Days for Girls provides access to menstrual care and education by developing global partnerships, cultivating social entrepreneurs, mobilizing volunteers, and innovating sustainable solutions which shatter the menstrual stigma and limitations for girls and women.

Once Upon a Time

By Carol Ruszkowski



Once upon a time long ago, there was a bookstore owner. He had his store an exceptionally long time and decided to retire and sell his store. But what

would he do with his books? The name Altrusa came to mind, and he contacted our Kimberly Kierce and asked her if she would like his donation to be shared with people who would appreciate it. She said “YES” emphatically! Then one Sunday in September, Robert, Richard, Carol, Gloria, and Kim went to the courthouse where the books were stored and stamped the name Altrusa on the books to be sure that everyone who received a book would know where they came from. On September 14th, Gloria Sandoval, Carol and Rich Ruszkowski gathered to load their cars with this precious gift and set off to Half Price Books. They were met by Charles who helped to unload the cars. Our donation added up to 1,037 books which would be distributed to Half Price’s Non-profit charities. We now have donated a total of 2,366 books towards District Nine’s Million Book Campaign. Is there a sequel to this story? Yes! Keep on donating books and registering them on Club Runner.

Altrusa Donates to End Alzheimer’s

By Jane Tucker



2008 Richardson Altrusa Alzheimers Walk

This year on Saturday, November 5th, 2022, the annual Alzheimer’s Walk will take place at Dallas City Hall Plaza starting with an opening ceremony at 8:30 A.M. and the Walk at 9:00 A.M. Our “Altrusa Richardson” Team has been registered and is now accepting online donations. Incentive gifts are offered to those donating \$100 or more. The 2022 Walk to End Alzheimer’s T-Shirt is given for the \$100 donation.

To donate online go to <https://act.altz.org> Dallas site, then click on Donate to a Team and search for Altrusa Richardson (or type team name in) and then just follow the instructions. You will see Jane Tucker listed as TEAM leader. You may also feel free to register to walk with your friends and family.

Walk to End Alzheimer’s is the world’s largest event to raise awareness and funds for Alzheimer’s care, support, and research. This is a cause near and dear to many of our club members so please consider participating in The Walk to the End Alzheimer’s and remember when you participant in any way we would like pictures or stories about your participation so we can share them on our Facebook page.

Email: contact@altrusarichardson.com

Facebook: [@AltrusaRichardsonTexas](https://www.facebook.com/AltrusaRichardsonTexas)

Website: altrusarichardson.com

District Nine Website: www.altrusadistrictnine.org

Our Second Choose-Kind Library Established in Costa Rica

By Jane Tucker



Brian Williams and Jimmy Gleich (pictured with directors Ysenia Lopez and Diana Rodriguez) delivered books for us to orphanage teachers.

Thanks to the continued support of the nonprofit organization Think Kindness, our club has opened another Choose Kind Library at the Hogarcita San Juan Bosco Orphanage in LaFortuna, Costa Rica. This is an orphanage currently housing 20 children ages 1-10 years of age who are awaiting domestic and international adoption. This orphanage is partially funded by the Costa Rican government and partially through private funds.

The children staying at this orphanage come from all over the country and are placed here for many sad reasons. This orphanage was started 11 years ago by the current directors, Ysenia Lopez and Diana Rodriguez. (Pictured with Jimmy Gleich, Global Programs Director for Think Kindness)

This makes our tenth international Choose Kind Library with our eleventh soon to open at Sembach Elementary School located at Ramstein Air Base in Germany.

We Support Days for Girls in Many Ways

By Cindy McIntyre



My church, Canyon Creek Presbyterian, supports a group (Villages in Partnership) that builds schools, helps farm, support, and train the people in remote areas of Malawi. When their director, Liz Heintzel-Nelson, came to recruit, I asked about their needs and mentioned I had a wonderful Altrusa Days for Girls contact here in town. I shared that DFG is an international project with Altrusa.

Bridget from Highland Village brought me 100 kits that same day! Here is part of the report from Randa Nelson who packed all these kits and delivered them for us to Malawi in July.

“We delivered the Days for Girls to our One Heart Secondary School. It is our first Secondary School and has been open two years. They had invited two other schools to send their girls, so we ended up having 100 in attendance.”

“The girls came up one at a time and treated the presentation very formally. Once back in their seats they began to open the kits and new waves of excitement came over them. The kits had **two pairs** of underwear in them and that was favorite. The girls even began to exchange with each other to get that special color they desired.”

“Finally, I wanted to let you know that your Days kits were beautiful! One other trip participant had brought some that were DIY. While they were fine, they did not shine like your kits. Because yours were so well done they were the ones we decided to do the formal presentation with. I can't thank Altrusa of Richardson enough for your kindness.”

Ability Connection Volunteer Luncheon



Samanthia Slaight, past Altrusa member Rosemary Gouger and her husband John had a wonderful day at Ability Connection, September 22, for volunteer's day with North Texas Giving Day. Samanthia represented Altrusa Richardson at the luncheon where we were honored along with other volunteers for all that our club does at Ability House.

It was nice to see and meet the Ability Connection staff and the board members. We had hamburgers provided by Goff restaurants, whose owners are also clients of Ability Connection, but best of all, we got to see Robert, Henry, Nina, Vera, and Kathleen from Ability House. We arrived early and were met at the classroom door by Vera, who gave us all huge bear hugs. Robert kept John busy with his talking computer, and he could even converse with us. We now have a double-sided double column list of all the things Robert wants for Christmas and his next birthday. There were tears of joy when Robert called Rosemary by name. He was wearing the biggest smile. We also enjoyed visiting with Henry, Nina, and Kathleen who were thrilled to see us, and show us the work sheets they had done that morning. It was truly a great heartwarming day for all of us!