



President's Message



HAPPY BIRTHDAY, RICHARDSON ALTRUSA!

It is time to celebrate our 53rd birthday as a club on Thursday, February 21. The Retention Committee has planned a wonderful celebration that will be attended by our special guest, District Nine Governor Linda Moore. Gov. Moore will also attend the Board Meeting that will convene prior to the Program/Dinner Meeting. Please make plans to attend so we can show our visitor what a vibrant and joyful group we are.

At the Business Meeting, the Nominating Committee Chair, Past President Sue McElveen will present the slate of officers being recommended for the 2019-2020 year of service. This is an impressive group of leaders we are voting on and I know that I and President Elect Bobbi Klein are excited about all of the potential that exists with this group and we will vote on the slate at the March Business Meeting.

District Nine Conference packets are online and you should begin making plans to attend if you have not already. We will discuss delegates and alternates at the February Business Meeting and President Elect Bobbi Klein will keep us all informed of projects and activities we will participate in at this important gathering of Altrusans. Bobbi will also coordinate roommates, will be working on gathering items for the silent auction and will let us know what is needed for the District Nine Service Project.

The Spring Member Orientation event will take place March 9, at Bobbi Klein's home from 9 am until 11 am. This is especially important for new members, but also, anyone who just wants to know more about Altrusa as an organization and our Richardson Club specifically. Please make plans to attend and register online so we know how many to expect.

Please bring your Volunteer Hours current online and try to do it monthly. It is so much easier to do it that way and we have a more accurate record of all of the valuable service we are bringing to our community.



Sarah Nesbit, President 2018-2019

E-mail: Sarah.Nesbit@cor.gov



Upcoming Events

See online calendar for event details, location, and to register at <http://altrusarichardson.com>

Feb. 4 7:00 pm Foundation Trustee Meeting

Feb. 13 6:00 pm Atria Bingo

Feb. 19 11:30 am Lunch Bunch at Aboca's

Feb. 21 7:00 pm 53rd Birthday Dinner Meeting

“Feelin’ Groovy” with Governor Linda Moore

Feb. 23 1:30 pm Ability House – Vera’s Birthday

Feb. 25 6:00 pm AWcLS Book Club

Feb. 26 Noon Tidings Deadline

Feb. 28 :00 pm Club Board of Directors Meeting

*CLUB BOARD OF DIRECTORS UPDATE***January Board Meeting Highlights**

The Board of Directors met on January 24, 2019. President-Elect Bobbi Klein will put together a committee to review our existing service and administrative committee structure for implementation in 2019-2020 club year. Past President Sue McElveen will put together a committee to review Board and Committee Job Descriptions for implementation in 2019-2020 club year. Past President Sue McElveen presented the slate of officers for the 2019-2020 club year. Also discussed was the use of the Altrusa banners and other marketing materials.

*NOMINATING COMMITTEE REPORT***Proposed Slate of Club Board of Directors & Foundation Trustee Board 2019-2020**

By Sue McElveen, Nominating Committee Chair

CLUB BOARD OF DIRECTORS:

PRESIDENT: Bobbi Klein
 PRESIDENT-ELECT: Samantha Slaight
 VICE PRESIDENT: Donna Buhr
 RECORDING SECRETARY: Rosemary Gouger
 CORRESPONDING SECRETARY: Lynn Solomon
 ADMINISTRATIVE TREASURER: Mary Beth McLemore
 DIRECTORS SERVING 2ND YEAR OF 2 YEAR TERM:
 Laura Trainor Collins, Gayle Ingle
 DIRECTORS NOMINATED FOR A 2 YEAR TERM:
 Judy Blome, Robbin Murley

FOUNDATION BOARD TRUSTEES:

Mimi Tanner – 2nd year of 2-year term
 Cindy Murray – 2nd year of 2-year term
 Bonnie Perry – 2nd year of 2-year term
 Jane Tucker – New 2-year term
 Jean Stuart – New 2-year term
 Deb Bourland – 2nd new 2-year term
 Cindy McIntyre – New 2-year term

A vote will be taken at the March 7th Business Meeting. According to club policies; Absentee ballots may be requested from the Chair of the Nominating Committee (Sue McElveen, suemcelveen@yahoo.com). Absentee Ballots will be accepted from members in good standing no later than the day before the election (March 6, 2019). Absentee ballots received the day of the election will not be counted.

*DISTRICT NINE CONFERENCE ATTENDANCE***Altrusa Richardson Plans for Attendance at District Conference**

The Board of Directors strongly urges you to attend District Nine Conference in Grapevine, April 26-28. This is a unique and fun way to get to know more about the workings of Altrusa at the District level and a great way to make new friends, both in our club and all over Texas. Please be sure to register directly with District Nine AND **register also on our website**, so we will know who is attending. You are also responsible for making your own hotel reservations. Courtyard Marriott & Towne Place Suites 2200 Bass Pro Court Grapevine, TX 76051 CYM 817-251-9095 TPS 817-421-612 -ask for the Altrusa Rate..Bobbi Klein, will serve as Conference Coordinator and will assist with arranging for roommates. Contact Bobbi at rbklein77@yahoo.com, if you have any questions. **PLEASE ATTEND THE INFORMATIONAL SESSION INFO BELOW.**

*DISTRICT NINE AND ALTRUSA INTERNATIONAL NEWS***Invitation - Mini-Informational Session, "All About Conference and Convention"**

Pam Johnson, Kimberly Kierce, MaryBeth McLemore and Nancy Rohm

The Altrusa District Nine Conference is coming to Grapevine, April 26-28, 2019. The Altrusa International Convention is in Reno, NV, July 17-29. If you are a new/newer member or an Altrusan who has never attended an Altrusa Conference and/or Convention, you may be wondering **What Are These?** and **Why Should I Attend?**

Conference is an annual gathering of Altrusans from all over Texas (District Nine). Convention is a biennial gathering of Altrusans from all over the world. Both offer the opportunity to learn more about Altrusa on a broader scale, to have fun, and most important, to get to know your Richardson Altrusa Sisters on a more personal basis.

If you are interested in learning more, please attend our mini-info-session **All About Conference and Convention** at the Women's Club, before the business meeting at 6:00 p.m. on Thursday, February 7. We will cover details - what costs, what clothes to bring, what are delegates, and what to expect. We will answer all your questions!

RETENTION COMMITTEE UPDATE

February Dinner Meeting Program

By Tracy Carron

Altrusa Richardson 53rd Birthday Party — FEELIN' GROOVY



It's time to get your GROOVE on and join us in Founder's Hall on February 21, 2019 at 6:00pm for Altrusa Richardson's 53rd birthday bash! Our 60s era inspired party is sure to be the TOPS with games, music, appetizers, dinner and CAKE!! Our guest speaker, Linda Moore, District Nine Governor, will be speaking and helping us celebrate. So pull out your tie-dyed shirts and mini skirts...your mood rings and bead strings...go-go boots and get ready to GET



LEADERSHIP COMMITTEE UPDATE

Preview of March 21 st Dinner Program: Cindy Mitchell, Dynamic Leadership Speaker and Strengths Coach

By Samantha Slaight and Laura Trainor-Collins, Co-Chairs



Cindy Mitchell

Serving as an award-winning elected official for 16 years, Cindy was able to retire from local government service. Currently, she is an award-winning training consultant, leadership coach and event speaker. Cindy is an expert in using assessments as tools in developing leaders, relationships, teams and organizations.

Stay Tuned for more info in the next few weeks. Cindy is currently out of the country and is putting together a custom interactive team building activity for our club. The program will start at 6:00 pm with related table discussion during dinner and follow up program after dinner. Feel free to invite guests to this fun dinner event. Regular dinner price of \$20.

From Cindy's Facebook: **Leaders don't light a fire under someone they light it within - be someone's spark today!**

The Richardson Altrusa Believers

The Monkees Recorded *I'm A Believer* in October 1966 and released it in November 1966. That same year Altrusa of Richardson was organized on February 16, 1966. The Membership Retention Committee would like to honor all the Altrusa Believers each month by their dates of service. This month we are congratulating the Richardson Altrusa Believers from 2000 to 2004. Make sure and give a special Thank You to each of these ladies for their **15+ years** of service to the club.

- | | | | |
|-------------------|------|------------------|------|
| Brenda Boston | 2002 | Elizabeth DuBose | 2001 |
| Brenda Duckett | 2003 | Ann Eisemann | 2002 |
| Kay George | 2001 | Freda Hanley | 2003 |
| Kimberly Kierce | 2001 | Bobbi Klein | 2000 |
| Jane S Merz | 2001 | Gloria Sandoval | 2000 |
| Samanthia Slaight | 2004 | Jean Stuart | 2000 |
| | | Courtenay Tanner | 2000 |

Thank You For All You Do For Altrusa

MEMBERSHIP RECRUITMENT COMMITTEE UPDATE

Meet Our Newest Member

By Carol Ruzkowski and Kimberly Kierce, Co-Chairs



On January 3, 2019 we initiated **Linda Caron** (center). She is sponsored by Mimi Tanner (left) and Jane Merz (right). Be sure to introduce yourself and get to know her.

COMMUNITY INITIATIVE UPDATE

The Ann Eisemann Inclusive Playground Groundbreaking on January 13th

Twenty-one Altrusans and partners met for lunch and then braved the cold to represent Altrusa at the groundbreaking ceremony for the new Ann Eisemann Inclusive Playground located in Cottonwood Park on Beltline Road. A grant of \$1,500 was awarded by our Foundation, for a sponsorship of the playground. The grant was awarded from our special Community Initiative Fund to take advantage of a Matching Funds Grant. **Altrusa International of Richardson Foundation, Inc.** will be acknowledged on the Donor Sign at the park.

The playground is named for Ann Eisemann. Ann (a beloved, longtime member of Altrusa) and her husband Chuck Eisemann, have been community leaders for many, many years. The playground project is spearheaded by the Richardson East Rotary Club, in conjunction with Richardson Parks and Recreation Dept., and support from many community organizations and individuals. Donations to date have exceeded \$500,000.



Pictured above are a few of the Altrusans that attended the chilly but heart-warming ceremony. (Left—right) Coutenay Tanner, Marsha Peters, Janie Jaquier, Sue McElveen, Bonnie Perry, Bobbi Klein and Rose Daughety. Taking the picture is Jane Tucker.



Pictured above are Courtenay Tanner and Ann Eisemann for whom the Playground is named.

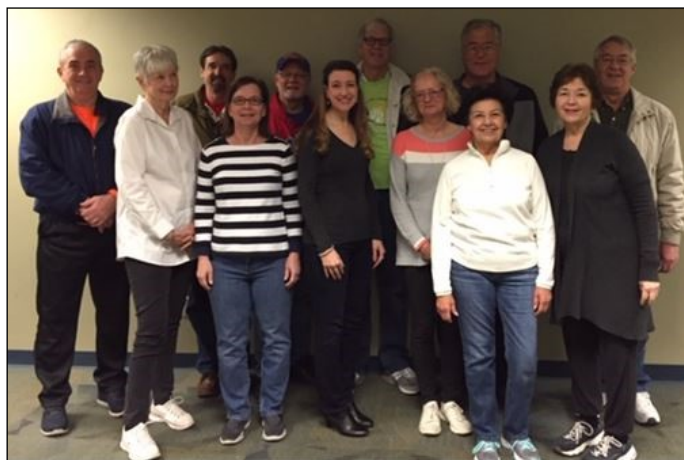
SENIORS COMMITTEE UPDATES

Richardson Public Library Book Rotation

By Toni Garrett

On January 26, 2019, five Altrusans along with five members of the Richardson Exchange Club and one of their wives, volunteered to help with the Richardson Public Library Book Rotation project. This project involves taking large print books on a rotation basis to several participating assisted and non-assisted living facilities in Richardson.

Altrusans participating in this event were: Linda Caron, Carol Ruszkowski, Gloria Sandoval, Kimberly Kierce, and Toni Garrett. Linda Caron gets the prize for newest Altrusan volunteering!



Altrusans pictured I-r: ((ront row) Carol Ruszkowski, Linda Caron, Kimberly Kierce, (wife of Exchange Club member), Gloria Sandoval, and Toni Garrett. Exchange Club members are the back row.

Altrusa at Atria Bingo!

By Lynn Solomon

On the second Wednesday of each month, Altrusans set up and call Bingo for the residents of Atria Senior Living in Richardson. This is a much anticipated event for the residents who participate each month. The participants are serious about their Bingo; therefore, it is important for Altrusans to call loudly and correctly! A huge thank you to the following Altrusans facilitating these events through January, 2019: Rose Daughety, Jan Flesch, Carol Ruszkowski, Mouna Rouani, Gloria Sandoval, and Lynn Solomon.

CHOOSE KIND LIBRARY COMMITTEE UPDATE**Three New Choose Kind Libraries Are “Under Construction”**

By Bobbi Klein and Rose



Sue McElveen (center) is with Grace from Kenya Tumani Home (left) and Brian Williams (right) at our 2018 Birthday Party.

Thanks to the hard work of Jane Tucker, we have received a check for \$685 from founder of “Think Kindness, Brian Williams, who was the speaker at our birthday party last year. This donation represents the money that was raised from our club’s sales of his book, KINDNESS NINJA. Brian was so impressed with the Choose Kind Library project that he offered us this opportunity as a fundraiser. We established a library at the Tumani Childrens Home in Kenya this past June from our funds and now we have the additional funds to establish a third library in the RISD this year. The three elementary schools we are working with are: Stultz, Dover and Greenwood Hills. They were suggested by the RISD as in most need. Members of the committee are working with the Librarians to get their books ordered as soon as possible. Updates on our progress is coming soon. .

MEMBERSHIP RETENTION COMMITTEE UPDATES**January Altrusa Spotlight**

At the January business meeting, newer member Shirley Sigler-Wilson (pictured left) and two-time President, Nancy Rohm (pictured right) spotlighted. They shared information with the rest of the club about each other that they discovered by having a get-to-know-you lunch together.

**INTERNATIONAL RELATIONS/KAN PROJECT UPDATE****Bring Donations to February Meetings To Prepare for Kindness Action Weekend in April**

**Please Note: NO chocolate, chocolate chip cookies, alcohol...anything that would melt in the desert heat.
Nothing offensive to other religions (pork or pork by products)**

SUGGESTED ITEMS: SNACKS – Salty and Sweet

COOKIES – plain/iced oatmeal, raisin, peanut butter, sugar and molasses, homemade or store bought

CRACKERS – no saltines, but Trisket, Chickn-in-a-basket, Ritz, Wheat Thins, etc.; Chips in cans; cheese crackers

FRUIT SNACK – (Resealable bags) dried banana chips, apple slices, apricots; golden raisins; freeze dried berries; Trader Joe’s fruit tapes

NUTS – cans or small individual sleeves of mixed nuts, honey roasted peanuts, almonds, pistachios, macadamias, sunflower or pumpkin seeds

DIPS/CONDIMENTS – small cans of bean or cheese dip

MEATS/FISH – Slim Jims or other individual packaged beef (no pork); non-perishable beef jerky or beef sausage; (make sure labeled USDA Beef); Quality canned sardines, smoked oysters or clams

BEVERAGES/SOUP – (to mix with water or milk) instant breakfast; Gatorade/sweetened drink mixes, water enhancers (liquid or crystal); instant coffee or cocoa, lemonade, tea bags, creamer; soup in a cup

CEREAL – (small 6 /8 packs) Frosted Flakes, Trix, Cheerios,

Nuts & Honey, Honeycomb

ENERGY/PROTEIN BARS – granola bars, small bags of trail mix (no chocolate), snack cakes

ENHANCERS – to mix with MRE’s (Meals Ready to Eat), ramen noodles, seasoned salt, packets of hot sauce, mustard, relish, ketchup; taco seasoning for meat or chicken

TOILETRIES – toothbrush, toothpaste, dental floss piks; cotton swabs, shaving lotion, disposable razors, shampoo, small packages tissues; individually packaged baby wipes, eye drops, lip balm, lotion; aspirin and other pain relievers; feminine hygiene products; zinc oxide crème in tubes; moleskin, foot powder

ENTERTAINMENT – paperback books, current magazines, comic books, word games, crossword puzzles, foam footballs and basketballs, frisbees, hacky sacks, playing cards, yo-yos, Sunday comics, coloring books and colored pencils

OTHER HELPFUL ITEMS – large rolls of “gaffers” tape in black green and tan (like duct tape but fabric) *matte finish only – not shiny*; Batteries (no lithium) size AA & D are in high demand

WRITING MATERIALS – notepaper, stationary, envelopes, pens pencils and stamps

Impact Partner Report



Celebrating 10 years

Thanks to your generous financial support, Days for Girls was able to mobilize every aspect of the DfG movement this past year, resulting in a year filled with celebrations, achievements and gratitude for all of you who make it possible to reach Every Girl. Everywhere. Period.



In preparing for 2018, we faced a major question: How to recognize and honor our 10th anniversary on November 1st? We wanted to celebrate a decade of serving, learning, & bringing dignity, health, and opportunity to more than a million girls and women in 127 nations.

In typical Days for Girls fashion, we decided to go big by launching a 28-day Global Girls Festival with the goal of bringing menstrual supplies and health education to 100,000 girls and women around the world.

As excitement began to build, we were fortunate to have doTERRA Healing Hands Foundation step forward and become our Global Girls Festival Presenting Sponsor. Their early funding helped us build momentum to organize hundreds of Chapter, Team and Enterprise activities. As a result, Enterprises made and sold 46,879 DfG Kits, while Chapters, Teams and Clubs were able to distribute 30,900 DfG Kits. In just 28 days!

Of those Enterprise-made DfG Kits, 27,122 were sent to Syrian refugees in Lebanon, South Sudanese refugees in Uganda, and Bhutanese refugees in Nepal, as well as thousands more vulnerable girls and women living in poverty across Africa, Asia, and Latin America.

We are incredibly grateful to you for making our 10th anniversary celebration possible. Together we were able to host events in 24 countries, and distribute a total of 104,901 DfG Kits to women and girls!

This celebration was a testament to how important you are in energizing and strengthening our global mission.

If we can reach over 100,00 women and girls in just 28 days, imagine what we can do in the years to come!



DISTRICT NINE UPDATE

“Play It Again District Nine” – Sixtythird Annual District Nine Conference

Invitation to Conference

From District Nine Governor Linda Moore



Dear Altrusans and Astra Members of the Mighty Ninth,

On behalf of the District Nine Board of Directors, I am excited to cordially invite you to attend our Sixty-Third Annual Altrusa International District Nine Conference at the Courtyard and Towne Place Suites by Marriott to be held in Grapevine, Texas on April 26-28, 2019. The theme of our Conference is **“Play it Again District Nine”**. This will be our Grand Finale of this biennium! This event will be hosted by Altrusa International of Dallas.



Governor Linda Moore

This Conference Packet is presented to you to hopefully give you enough information to get the beat going and entice you to register early and get those hotel reservations now! These hotels are joined together and also have plenty of conference space attached. We have once again changed a few things up, so you won't want to miss this one! If you have attended conference regularly, you will notice some changes in the schedule and also notice that we have added a fifth meal to your registration. Yes – you read that correct....all meals during conference are included!! From Friday night to Sunday morning, all meals are included. If you have never attended conference before....please come and learn what District Nine “The Mighty Ninth” is all about. There is a First-Timers event on Friday afternoon that will introduce you to our past and present, and show you how you can be a part of our future!

If you have any questions, please do not hesitate to contact me or any member of the Conference Committee:

Program Chair	Mary Pearson	marybp21@gmail.com
Conference Co-Chairs	Gillian Allen	gillianallen.altrusa@gmail.com
	Karen Wise	wisek59@gmail.com
Governor	Linda Moore	moorelindac@yahoo.com

ALTRUSA INTERNATIONAL BI-ENNIAL CONVENTION

It's not Too Early to Plan Your Attendance at International Convention in Reno, Nevada

2019 International Convention

Book your stay at the Grand Sierra Resort and Casino for Altrusa's 2019 International Convention. The Convention will be held July 17 – 20. Please check out our schedule at a glance to see all the exciting things that are going on. Space is limited, make your reservation today.

Altrusa International holds a Convention in the odd numbered years (bi-annually). This Convention is to conduct the business of the International Organization. Altrusa International of Richardson will be allowed the maximum of five delegates based on the size of our club as of January 1, 2019. Delegates and Alternates will be elected by the club from members who will be attending, If you are interested in representing our club ,be sure to register soon.

Register for Convention and the hotel through the member area on the International website www.altrusa.org. you will need to log in . See Member Information on our website if you need the log in and password. Space is limited, so register early.

UNITED NATIONS OBSERVANCES

February 2019 U.N. Days and Other Observances

From www.un.org and www.altrusa.org

Altrusa International is a NGO (Non-Governmental Organization) member of the U.N. Our Delegate to the U.N. is Deborah Hecht of the Frisco Club. Altrusa clubs all over the world observe the UN International Days. The 2019 dates of observance are listed below.



World Day of Social Justice: February 20, 2019 Social justice is an underlying principle for peaceful and prosperous coexistence within and among nations. We uphold the principles of social justice when we promote gender equality or the rights of indigenous peoples and migrants. We advance social justice when we remove barriers that people face because of gender, age, race, ethnicity, religion, culture or disability.

For the United Nations, the pursuit of social justice for all is at the core of our global mission to promote development and human dignity. The adoption by the [International Labour Organization](#) of the [Declaration on Social Justice for a Fair Globalization](#) is just one recent example of the UN system's commitment to social justice. The Declaration focuses on guaranteeing fair outcomes for all through employment, social protection, social dialogue, and fundamental principles and rights at work.



In Memoriam

It is with sadness that we note the passing of Mary Bedosky's husband, Matthew Bedosky, in January. Seven members of our Caring Committee provided breakfast for the family the morning of the Memorial Service on January 26th.

Cards and letters may be sent to Mary at:

Mary Bedosky
1805 Park Meadow
Richardson, TX 75082



MEMBERSHIP RETENTION COMMITTEE UPDATES

You Are Invited to Our Author Presentation and Reception

March 25, 2019, 6:00 pm

at Friends Place,

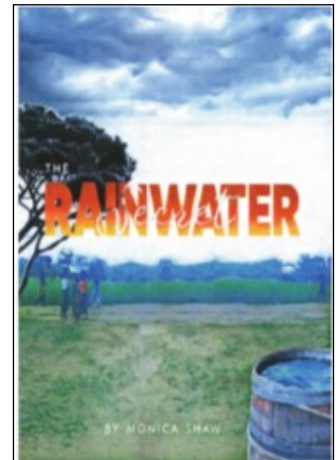
1960 Nantucket Drive

Join us for a discussion of The Rainwater Secret by Monica Shaw.

Copies of this book are available for \$15. See Janet McColloch for a book. Or it is available on Kindle for \$4.99.

Presented and Sponsored by

Altrusa Wine and Chocolate Literary Society and The Hearing Wizard



MEMBERSHIP RECRUITMENT COMMITTEE

Spring New Member Orientation/Reorientation, March 9, 9:00 am

By Carol Ruskowski and Kimberly Kierce, Co-Chairs



Are You Ready for some Altrusa Alphabet Soup?

All members are encouraged to attend, but especially new members from 2017-2019 to learn about Altrusa, all those crazy acronyms, and our amazing service projects. Orientations may be used as make-up meetings.

This is a **Pot Luck Brunch** to be held at Bobbi Klein's home, so sign up on the events page of our website to bring your favorite item to share.

MEMBER HIGHLIGHT

Barbara Berthold and Karl Muth Are American Citizens.

By Mimi Tanner



Altrusa member Barbara Berthold and her husband Karl Muth (pictured left) proudly display their certificates of citizenship. They became citizens in January.

Barbara and Karl emigrated to the United States from Germany. Barbara took classes at the Richardson Adult Literacy Center, then started teaching there and became a board member of RALC. Barbara is currently a lecturer at the University of Texas at Dallas in Richardson.

Congratulations to them both!