

Whatever Your Celebration...



## President's Message



I hope everyone had a special Thanksgiving gathering with your families and friends. As we prepare for the holidays to come, I know we will all acknowledge how blessed we are, take time to remember those who have less in their lives, and do what you will to make them brighter.

The Ability House Christmas Party is coming up on Saturday, December 15 at 1:30 pm and I know that Rosemary and her committee would love to see you there.

Our Membership Recruitment Committee has been hard at work planning our Holiday Dinner Celebration on Thursday, December 20 and I hope all that can, will come, and bring husbands and partners to make this night a special Altrusa Celebration.

The KAN/International Relations Committee helped us with our November program by hosting Camp John Marc's Executive Director Kevin Randles as our speaker. We were joined by Mary Osentowski's daughter and grandchildren along with Mimi Tanner and her son, Mike, all of who have close ties to this wonderful program. The program was delightful and inspiring for us all who were in attendance.

The Outstanding Women of Today Luncheon on November 2 at the Renaissance Dallas Richardson Hotel was a big success and I know you join me in recognizing Mary Osentowski and Sylvia McCloskey and their co-chairs for their planning and hard work. I think the nominees, honorees and sponsors all felt special and

valued by Altrusa and the community at large. We have had a lot of compliments and recognition and I am proud to be part of this wonderful club.

Work has begun on the 2020 District Nine Conference and our co-chairs are Carol Ruszkowski, Mary Beth McLemore and Ginger Tonne, and Nancy Rohm is the Conference Treasurer. There will be a lot more information and opportunities to get involved as the planning evolves.

A new Nominating Committee has been convened and I hope all of you will consider a leadership position with the club in the upcoming club year as we move forward. Don't forget that mid-year reports for the Administrative Committees are due at the December Business Meeting. I'm anxious to hear a recap of all the exciting projects undertaken so far this year.



**Sarah Nesbit, President 2018-2019**  
E-mail: Sarah.Nesbit@cor.gov



## Upcoming Events

See online calendar for event details, location, and to register at <http://altrusarichardson.com>

- Dec. 6 7:00 pm Business meeting
- Dec. 12 6:00 pm Atria Bingo
- Dec. 15 1:30 pm Ability House, Holiday Party
- Dec. 20 7:00 pm Holiday Dinner/Program Meeting
- Dec. 26 6:00 pm Tidings Deadline

NO Board of Directors Meeting this month

*CLUB BOARD OF DIRECTORS UPDATE*

**November Board Meeting Notes**

By Bobbi Klein, President Elect

The Board of Directors met on November 29 for November/December meeting. Ginger Tonne has agreed to serve out the remaining term as Vice President. The main topics of discussion were: restructure of the club board – no changes will be made at this time; our club will assist with the service project at the 2019 Conference; and Dr. Tran’s offer to teach wellness classes before meetings – dates and times to be determined based on club interest.

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*INTERNATIONAL FOUNDATION ACCENT*

**Eleven District Nine Clubs Awarded International Foundation Grants –Cycle One 2018**

From Linda Moore, District Nine Governor

**Congratulations to the following clubs for submitting and receiving Grants from the International Foundation:**

Altrusa of Abilene, TX: Read Every Day \$1000

Altrusa of Central Texas: Days For Girls Collaboration \$1297

Altrusa of Collin County, TX: Reading About Animals at Forman Elementary \$2820

Altrusa of Frisco, TX: The Comfort Project–Expanded \$4,000

Altrusa of Garland, TX: Hopes Door New Beginning Center \$4000

Altrusa of Greenville, TX: Bikes and Books Rodeo \$1000

**Altrusa of Richardson, TX: Kindness Ninjas Go Global \$1500** (more on page 4)

Altrusa of Rockwall, TX : Practices for Healing Trauma \$4000

Altrusa of Temple, TX: To the Moon and Back \$2000

Altrusa of the Brazos, TX: Boys and Girls Club Literacy Project \$4000

Altrusa of Wichita Falls, TX: Pajamas and Bedtime Stories \$1675

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*Seniors Committee Fall Event*

**Altrusans Assist and  
Enjoy the Atria Auction**

By Gloria Sandoval

Altrusans **Gloria Sandoval, Alma Benoit, Rose Daughety and Jan Flesch** (pictured right, from left to right) assisted with the November 15 auction for residents of Atria Senior Living. Things can get pretty energetic as residents bid on their favorite items using “Bingo Bucks” that they collect during their once a month bingo games – also assisted by Richardson Altrusans. Residents and Altrusans alike had a fun afternoon and look forward to the next auction in the spring of 2019.





SOPHOMORE SISTERS UPDATE

**Make A Difference Day Project – A Rousing Success**

By Judy Blome

Up to and on Make a Difference Day (MADD), the Sophomore Sisters collected 2,152 gently used books. At the urging of our recently departed sister Kathy Yates, we made the military the primary recipient and, in conjunction with Operation Paperback, shipped 47 boxes containing 847 books to soldiers both home and overseas. In addition, we donated:

- 350 books to the Veterans Administration Hospital;
- 332 books to Network of Community Ministries (Network);
- 290 to Genesis Women’s Shelter;
- 201 books to the USO at DFW Airport;
- 84 children’s books to Network; and
- 48 books to a Spring Valley UMC member who is preparing gift boxes for her son, a military squad leader in Afghanistan, and his squad members.

Also, we donated 7 boxes containing about 150 books for the Kindness Action Ninja project. Thank you to everyone for your support and encouragement during the successful completion of this project.



On October 27, books were collected at Heights Recreation Center



Judy Blome (on the right) accepts a donation from a community supporter (on the left) at Heights Recreation Center



Pictured (L-R): Judy Blome, Gayle Ingle, Lishan Liu and Robbin Murley



Pictured (L-R) : Rosemary Gouger and Shirley Sigler-Wilson tend to the collection center



Pictured left: (L-R) Judy Blome, Shirly Waller, Robbin Murley and Lishan Liu are almost finished sorting



Pictured (L-R): Shirly Waller, Robbin Murley and Judy Blome are loading boxes for shipping

## INTERNATIONAL RELATIONS/KAN PROJECT UPDATE

**Kindness Action Ninjas Go Global**

By Cindy McIntyre, Kindness Action Ninja Project Chair

Our wonderful Kindness Ninjas are at it again! With a recently funded \$1500 grant from Altrusa International, and help from our members, we have set a goal to prepare 200 care packages! The “Kindness Ninjas Go Global” care packages will lift spirits and provide a touch of home to troops overseas. Service members endure severe hardship and sacrifice. Loved ones left behind also sacrifice, with precious little time for all the responsibilities of child rearing and household upkeep - often for months and years at a time. There are thousands of deployed troop families in our community and we feel our care packages will provide an invaluable patriotic service.

Club members will collect or donate materials and snacks to fill as many boxes as we can with available monies. Please see the suggested items below to guide you while shopping. If you can get 50 or 100 (or more) of one item that’s terrific, but we do ask that you bring at least 10. One member is knitting wool caps to include for cold nights in desert regions. The idea for this project came from one of our newest members, Kathy Yates, who recently passed away. It will be an emotional and poignant way to memorialize her short time with us.

On April 6, 2019, our members will gather at Friends Place at 9:00 am to fill, seal, address, and mail the boxes. Notes of encouragement will be included (with deepest thanks for their service) from the Kindness Ninjas of Altrusa Richardson.



Pictured here are some of the troops displaying much needed and appreciated support “Care Packages”

**SUGGESTED ITEMS:** SNACKS — Salty and Sweet

COOKIES — plain/iced oatmeal, raisin, peanut butter, sugar and molasses, homemade or store bought

CRACKERS — no saltines, but Trisket, Chickn-in-a-basket, Ritz, Wheat Thins, etc.; Chips in cans; cheese crackers

FRUIT SNACK — (Resealable bags) dried banana chips, apple slices, apricots; golden raisins; freeze dried berries; Trader Joe’s fruit tapes

NUTS — cans or small individual sleeves of mixed nuts, honey roasted peanuts, almonds, pistachios, macadamias, sunflower or pumpkin seeds

DIPS/CONDIMENTS — small cans of bean or cheese dip

MEATS/FISH — Slim Jims or other individual packaged beef (no pork); non-perishable beef jerky or beef sausage; (make sure labeled USDA Beef); Quality canned sardines, smoked oysters or clams

BEVERAGES/SOUP — (to mix with water or milk) instant breakfast; Gatorade/sweetened drink mixes, water enhancers (liquid or crystal); instant coffee or cocoa, lemonade, tea bags, creamer; soup in a cup

CEREAL — (small 6 /8 packs) Frosted Flakes, Trix, Cheerios, Nuts & Honey, Honeycomb

ENERGY/PROTEIN BARS — granola bars, small bags of trail mix (no chocolate), snack cakes

ENHANCERS — to mix with MRE’s (Meals Ready to Eat), ramen noodles, seasoned salt, packets of hot sauce, mustard, relish, ketchup; taco seasoning for meat or chicken

TOILETRIES — toothbrush, toothpaste, dental floss piks; cotton swabs, shaving lotion, disposable razors, shampoo, small packages tissues; individually packaged baby wipes, eye drops, lip balm, lotion; aspirin and other pain relievers; feminine hygiene products; zinc oxide crème in tubes; moleskin, foot powder

ENTERTAINMENT — paperback books, current magazines, comic books, word games, crossword puzzles, foam footballs and basketballs, frisbees, hacky sacks, playing cards, yo-yos, Sunday comics, coloring books and colored pencils

OTHER HELPFUL ITEMS — large rolls of “gaffers” tape in black green and tan (like duct tape but fabric) *matte finish only — not shiny*; Batteries (no lithium) size AA & D are in high demand

WRITING MATERIALS — notepaper, stationary, envelopes, pens pencils and stamps

**NO chocolate, chocolate chip cookies, alcohol, anything that would melt in the desert heat.**

**Nothing offensive to other religions (pork or pork by products)**



GRANTS COMMITTEE UPDATE

**Foundation Approves Ten Grants**

By Mary Osentowski

- **The Richardson Symphony Orchestra** will receive a \$1,000 grant to support Symphony Days Program, which introduces approximately 4,200 RISD students to the world of classical music.
- **Hope's Door/New Beginning** received a \$500 grant to support a program for local youth that empowers them to foster healthy relationship and to reduce victimization and abuse.
- **The Veterans Center of North Texas** will use their \$1,000 grant to assist North Texas veteran and their families integrate into the community and to provide emergency financial assistance to veterans.
- **Unlocking DOORS** is a community resource network committed to improving public safety by reducing repeat crime for former offenders. The \$1,000 grant will help reduce recidivism among clients served.
- The \$1,000 grant for **Richardson Reads One Book** will assist in bringing a best-selling author to Richardson. The project brings community members together to read and discuss the book selected.
- The ESL for Parents Project at the **Richardson Adult Literacy Center** will receive \$1,000 to help parents learn English so they can engage in their children's education and become involved in the community.

- The **Eisemann Center Foundation's Grant** of \$1,000 will expand outreach initiatives in the community for students and will provide tickets to those who may not have access to the performing arts.

- **Camp John Marc Special Camps for Special Kids** received a \$500 grant to provide a unique camping experience for children and teenagers with cancer who interact with medical teams in a casual setting.

- **Camp Summit's Campership and Financial Assistance Project** received a \$500 grant, which provides financial aid to individuals with disabilities for a week-long camping session.

- The Senior Holiday Basket Program at **Network of Community Ministries** received a \$500 grant. This provides low-income seniors with food, toiletries and shelf stable food and clothing.

Grant Committee members include Barbara Berthold, Jan Fleisch, Cindy McIntyre, Nancy Rohm, Janet Vance and co-chairs Sylvia McCloskey and Mary Osentowski.



Pictured L-R: Kevin Randles, Executive Director of Camp John Marc, who was our program speaker at November dinner meeting, accepts a symbolic check for our grant award to the camp, presented by Mary Osentowski and grandson Grant

ALTRUSA RICHARDSON FOUNDATION UPDATE

**Outstanding Women of Today Luncheon**



Kudos to the OWT Planning Committee L-R: Carol Ruszkowski, Ginger Tonne, Sylvia McClosky, Mary Osentowski, Brenda Boston, Laura Trainor-Collins and Kimberly Kierce

**Editors Note:**

**Watch For It!!**

**DECEMBER  
SPECIAL EDITION**

Featuring

**Outstanding Women  
of Today ...  
Builders of Tomorrow  
Awards Luncheon**

**COMING SOON**



ABILITY HOUSE COMMITTEEUPDATE

**Shelly's Birthday Party at Ability House**

By Rosemary Gouger

On November 3<sup>rd</sup>, we all gathered at Ability House for Shelly's Birthday party. Thank you to all my Altrusa Sister's who came to the call when our committee had 5 absent members.

A wonderful time was had by all. **Sara Deats** was our hero once again! The presents she got for Shelly were OUTSTANDING; jewelry, sweat shirt and socks, a card that sings and a Mulan doll and more.

**Sara Deats** made the greatest bedroom door plaques with each of the resident's names and then we all helped to put stickers on the plaques that reflect each person.



Pictured left to right: Henry, Barbara Cornelius, Kathleen, Nina (front), Jo Leeper, one of the caregiver, Robert (seated) Sara Deats, Nancy Rohm, Janie Jaquier, Princess Shelly (seated center), Kim Kierce (kneeling), Jane Merz, Vera, (seated), Mouna' Rounai's mother (visiting from Morrhacco), Mouna Rouani, Rosemary Gouger and husband John Sanders



Shelly is a Birthday Princess and all smiles



Shelly's Strawberry birthday cake was made by Rosemary Gouger



Sara Deats shows the birthday girl, Shelly, all of her presents



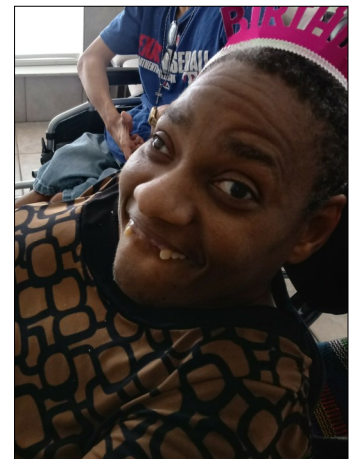
(L-R) Robert shows off his new door sign. Janie Jaquier, Jo Leeper, Nancy Rohm, Jane Merz and Kimberly Kierce help the residents enjoy their birthday treats



Kathleen is waiting for the party to begin



Henry is always ready with a laugh and a handshake



Vera has a pretty smile for the camera



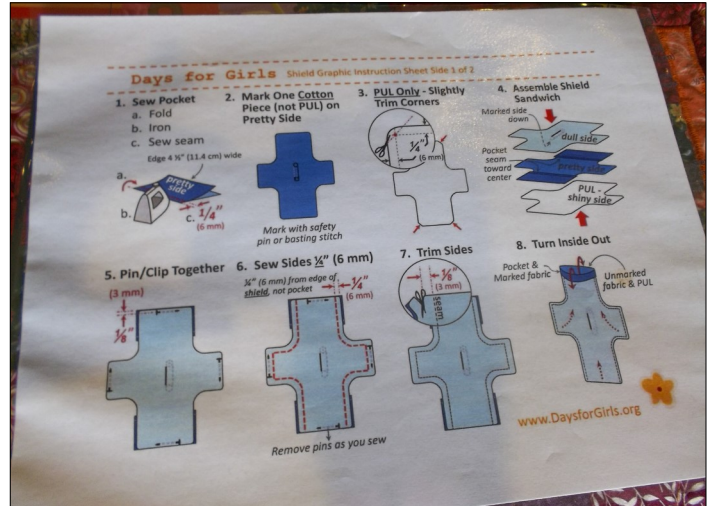
*DAYS FOR GIRLS UPDATE/ ALTRUSA INTERNATIONAL PROJECT*

**Altrusa Lends a Hand for Days for Girls Event**

By Jane Tucker, District Nine Days for Girls Liaison



Altrusans cut, sewed and organize pieces of hygiene kits to be assembled for the Flower Mound High School service project.



This is the instruction pattern for making the hygiene pads

The Highland Village Team sponsored a **Days for Girls Service Project** at Flower Mound High School for 100 seniors on November 13<sup>th</sup>. To prepare for this project, volunteers cut, sewed, and prepared the hygiene kit contents for the high school students to complete and assemble. To prepare for this event, Altrusa members were among those who volunteered at the Bridlewood Amenity Center in Flower Mound on November 6<sup>th</sup>. This high school service project is an annual event and one the students really look forward to participating. **Days for Girls** volunteers say it is always exciting to see the zeal of these young men and women who truly desire to make a difference.

**SENIORS COMMITTEE UPDATE**

**Loads of Fun at the Appletree Court Holiday Auction**

By Robin Smith

The November auction at Appletree was attended by an enthusiastic group of about 45 residents who were ready to compete for their favorite auction items! The room was full of fun as **Gloria Sandoval** played her auctioneer role to a tee. **Jan Flesch, Alma Benoit, Lynn Solomon, Rose Daugherty and Robin Smith** enjoyed visiting with the crowd as we modeled or displayed the wonderful selection of auction items.

The Appletree Auction is always a fun event as residents bring their 'Appletree Bucks' to bid on their favorite items. We had some wonderful items for them to choose from, including beautiful blankets, holiday wreaths and decorations, books, perfume and lotion baskets, scarves, toys for the grandchildren and more!



(L-R) Robin Smith, Rose Daugherty, Jan Flesch, Alma Benoit, Gloria Sandoval and Lynn Solomon



Jan Flesch organizes and displays the items for auction



## UNITED NATIONS OBSERVANCES

**December U.N. Days and Other Observances**

From [www.un.org](http://www.un.org) and [www.who.int](http://www.who.int)



**World AIDS Day, December 1, 2018** : Significant progress has been made in the AIDS response since 1988, and today three in four people living with HIV know their status. But we still have miles to go, as [the latest UNAIDS report](#) shows, and that includes reaching people living with HIV who do not know their status and ensuring that they are linked to quality care and prevention services. HIV testing is essential for expanding treatment and ensuring that all people living with HIV can lead healthy and productive lives. It is also crucial to achieving the 90-90-90 targets and empowering people to make choices about HIV prevention so they can protect themselves and their loved ones.

**Human Rights Day, December 10, 2018:** The Universal Declaration of Human Rights Turns 70

Human Rights Day is observed every year on 10 December – the day the United Nations General Assembly adopted, in 1948, the [Universal Declaration of Human Rights](#). This year, Human Rights Day marks the [70th anniversary](#) of the Universal Declaration of Human Rights, a milestone document that proclaimed the inalienable rights which everyone is inherently entitled to as a human being – regardless of race, color, religion, sex, language, political or other opinion, national or social origin, property, birth or other status. It is the most translated document in the world, available in more than [500 languages](#).

*"Where, after all, do universal human rights begin? In small places, close to home – so close and so small that they cannot be seen on any maps of the world. [...] Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world." – Eleanor Roosevelt*

Altrusan Eleanor Roosevelt of the United States (right), Chair of the Human Rights Commission, with Minerva Bernadino of the Dominican Republic (left), and Ana Figueroa of Chile (centre), both delegates to the Human Rights Commission, at Lake Success, New York, in May 1949. UN Photo/

*International Relations Committee***Altrusa Wears Orange**

This group picture was taken at the November dinner meeting. We wear the color orange in observance of, and to draw attention to the **U.N. Violence Against Women Day**, which was November 25, 2018. This has become an annual observance of our club and we take a group picture every year sporting our orange attire.





MEMBER SUPPORT

**Altrusans Getting and Staying Healthy**

Dr. Tran of Tran Vitality Essentials spoke to us about his fitness program at the August dinner meeting. He has offered to teach classes to us for **FREE at 6:00 pm before both business and dinner meetings for three months beginning January 3<sup>rd</sup>** (or February 7<sup>th</sup>). Dr. Tran’s purpose is to give our members a taste of the process that results in becoming as healthy as we can be, in order to keep doing the good we have been doing for our community. He is impressed with our projects and commitment. Although the Natural Healing process is not a 'quick fix,' time and consistency proves to create amazing benefits in the body, even if we have no specific ailments.

Each participant should wear comfortable clothes and be prepared to practice with bare feet.

**Please go to the website event calendar to register that you are interested by December 10th**, so that we can let Dr. Tran know as soon as possible. We need **least ten people to commit to all six classes** to make it worth Dr. Tran’s valuable time.

INTERNATIONAL RELATIONS COMMITTEE UPDATE

**World Peace Art Project**

Altrusa International of Richardson partners with other community organizations to sponsor the annual **World Peace Art Contest in celebration of the UN International Day of Peace**. This year’s theme was *“Share Peace Through Kindness and Compassion”*.

The contest is for RISD 4th through 6th grade students and the Art teachers from several schools submit one piece from their school to the contest. Canyon Creek Art professionally framed the pieces which are then put on public display for two weeks on the 3rd floor of the Richardson Public Library. Contestants, families, Art Teachers and the public were invited to a special reception honoring Richardson’s young artists, held at the library on November 13, 2018, where the winners were announced.

Richardson Altrusans assist in the planning; collect the entries; assist with the framing; arrange the displays; and proudly host the young artist’s reception.



Top photo: The winners of the World Peace Art Contest show off their ribbons

Center photo: Mayor Pro Tem Mark Solomon discusses art with one of the contestants at the reception

Left photo: A group photo of all the proud contestants and their Art Teachers

MEMBER RETENTION COMMITTEE OCTOBER ACTIVITY

**Altrusan's Go On A Ghost Tour of Dallas**

By Tracy Carron

On a cool October night, a group of Ghost Hunters, formerly known as Altrusans, loaded onto a Road Runner bus in a TJMaxx parking lot and set out in search of paranormal activity. **Laura Trainor-Collins** got us started with a FABULOUS eyeball Jello shot and **Donna Buhr** fed us DELICIOUS sausage balls!

Then, with ghost apps downloaded to our phones, our determination intact and our bravery plied with wine, we headed first to White Rock Lake in an attempt to contact the "Lady of the Lake." With **Bobbi Klein's** orange wig illuminating our path, we piled off the bus intent on finding the spirit. We fired up the apps and although we searched high and low, no one reported being able to detect the ghost. Disappointed, we headed back to the bus for another round and onto our next destination.



Some of the Intrepid Ghost Hunters (front to back) Bobbi Klein, Susan Long, Kimberly Kierce and guest, Laura Trainor-Collins, Alma Benoit and another guest checks his Ghost Hunting app.

As the wine flowed, **Laura** entertained us with "monster" trivia and candy prizes for the winners! We drove to 7804 Black Bird Lane and our tour guide engrossed us with the tale of the man and the Playboy model murdered in the home as a result of a drug deal gone bad. The bus pulled over and we stumbled down the stairs to explore the scene. One ghost hunter captured a ghostly image on her phone app and even made contact with the neighbor next door to the haunted home. JUST as the neighbor was offering up drinks and information about his neighbor, we were summoned back to the bus for more wine and to head to the Adolphus Hotel.

The 19<sup>th</sup> floor of the Adolphus is purported to be a hotbed of spooky activity, so we drank up some more bravery and poured out of the bus to go exploring. We were hoping to find the heart broken, jilted bride who hung herself after being left at the altar; or the group of partygoers that danced to music all night in the ballroom, clamored through the hallways of the 19<sup>th</sup> floor and even sometimes entered guests' rooms. While we were "stood up" by the above mentioned spirits, **Tracy Carron**

was able to talk to "Alice" in the ballroom through her ghost app. "Alice" said her dad was responsible for her current situation and wanted to know if **Tracy** wanted to play. Tracy opted NOT to play and instead scrambled out of the ballroom and back to the safe haven of the bus. As others followed suit, we once again packed the bus, tipped our glasses and headed to our final destination, Pioneer Park Cemetery.

Once there, we staggered out of the bus and romped through the graveyard with our apps and drinks in hand. We explored the cemetery, but sadly, despite our raucousness, all the spirits decided to keep themselves safely tucked in their plots rather than confront the motley group of revelers that were traipsing through their final resting place. So, back on the bus we went to finish off our wine and call it a night. And while we did not encounter anything REALLY scary, we laughed, played games, ate chocolate, listened to stories and overall had a TERRIFYINGLY good time!! Thank you to all who attended and a special thanks to **Donna** for the sausage treat and **Laura** for the sweets, trivia and booze!



The female ghost on Black Bird Lane

**The Richardson Altrusa Believers**

The Monkees Recorded *I'm A Believer* in October 1966 and released it in November 1966. That same year Altrusa of Richardson was organized on February 16, 1966. The Membership Retention Committee would like to honor all the Altrusa Believers each month by their dates of service. This month we are congratulating the Richardson Altrusa Believers from 2010 to 2013. Make sure and give a special Thank You to each of these ladies for their years of service to the club.

Barbara Berthold	2011	Donna Buhr	2013
Dean Burroughs	2012	Gerry Carron	2010
Nancy Crowe	2011	Rose Daughety	2011
Janice Flesch	2013	Christine Hart	2013
Sandy Martin	2010	Jenn Rohm	2010
Lynn Solomon	2012	Irene Strejc	2012
Ginger Tonne	2012	Sherri White	2013

**Thank You For All You Do For Altrusa**



*DISTRICT NINE ACCENT***What is a Leader?**

By Mary Osentowski

A leader is a visionary, someone who sees the big picture in infinite possibilities for success. But the vision must include a plan of action, and this demand's organizational skills. A leader is a communicator who gives direction in understandable language with clear and specific steps to follow. Effective leaders are motivators and supporters, helping individuals reach their potential. Leaders in a volunteer organization are often negotiators because of the challenges faced by members.

A visionary Altrusa leader is flexible and not afraid of change. They encourage clubs to try new strategies for membership growth; change fundraisers when members' enthusiasm wanes or sufficient funds cannot be raised. A visionary leader sees the value of change, which can stimulate interest in long term members and attract the interest of potential members. But visions must have plans; a good leader develops a plan to make the vision a reality. "The very essence of leadership is that you have to have vision. You can't blow an uncertain trumpet." Theodore M. Hesburgh

Effective leaders communicate expectations to members. Some communicate more effectively in writing, others are best in a public setting, and others are most comfortable with one on one communication. But all leaders must clearly share their goals and expectations with members. The best leaders use various approaches to communicate since members understand and respond differently to written and spoken messages. The only message that matters is the one received so a successful leader makes certain that the listener understands.

Altrusa leaders motivate members to fulfill their obligations as officers and committee members. They encourage members to do their best and provide necessary guidance so that those individuals are successful. This builds confidence and a willingness to assume other responsibilities within the organization. Altrusa is "builder of women" and the effective leader assumes this responsibility and offers support to members. "In organizations, real power and energy is generated through relationships. The patterns of relationships and the capabilities to form them are more important than the task, functions, roles, and positions." Margret Wheatley, *Leadership and the New Science*

Leaders must sometimes negotiate a solution to differing opinions expressed among members. The distribution of tasks and various approaches to service may also demand negotiation. This requires flexibility and the ability to see issues and situations from a variety of viewpoints. Good leaders are good listeners. "Leadership has a harder job to do than just choose sides. It must bring sides together." Jesse Jackson

Unlike Superman, leaders cannot leap tall buildings, cannot do magic and they are not perfect. Altrusa leaders are dedicated individuals who want the best for the organization and for their communities. Altrusans are "Leaders in Service." "An empowered organization is one in which individuals have knowledge skill, desire, and opportunity to personally succeed in a way that leads to collective organizational success." Stephen R Covey, *Principle-centered Leadership*.

Did you know that the *Altrusa Encyclopedia* has been replaced by the *Altrusa International Resource Guide*? You can download the new guide by logging into the International website. Click on "Index" and then go to "Altrusa Resource Guide". Good for old members, too.

The above is an excerpt from the Altrusa International of Collin County Communicator December 2018 issue

ALTRUSA INTERNATIONAL OF COLLIN COUNTY, INC.  
6908 OAKBURY LN  
MCKINNEY, TX 75071  
WWW.TINYURL.COM/ALTRUSACOLLINCOUNTY  
PALTRUSA@GMAIL.COM

**Register Now** for Fun and Entertainment

at the **Holiday Dinner Meeting**

**December 20, 2018** Social time 6:15 pm, Dinner 7:00 pm

Dinner \$20 per person Guests are Welcome

Register yourself and any guests on line

<https://altrusarichardson.com/event-2985807>



*Please pay in advance at the December 6th meeting  
or mail your check to her before December 20*

**Mary Beth McLemore**  
**Altrusa Richardson Admin Treasurer**  
**3606 Cypress Grove Court**  
**Richardson, TX 75082**

*Hosted by the Membership Recruitment Committee*



## In Celebration

It is with great joy that we celebrate the marriage of Altrusan Elizabeth DeBose to Matt Clark on Saturday, November 3, 2018. Matt and Elizabeth have been long-time friends and Matt is moving to Texas from Memphis, TN.



A photo of the wedding cake — And we add Congratulations from all of us!



Altrusans Celebrate with Elizabeth and Matt : (L -R ) Janie Jaquier, Jane Tucker, Bonnie Perry, Cindy McIntyre, Susan Fischer, Elizabeth and Matt Clark, Jane Merz, Mary Beth McLemore, Susan Frensley and Kimberly Kierce

