



President's Message



I write this with a heavy heart following the news of Kathy Yates' untimely passing this past Saturday. She had disclosed her illness to the club at our September Dinner Meeting and asked for our support and now she is gone – far too soon. It makes me mindful that we should invest the

time with all our new and long-term Altrusa members to get to know them and be at the ready to support them in times of need. We are all busy with our lives, our families and the other community commitments we support, but time and life are fleeting and we need to maximize the kindness we share with all we come into contact with.

The Seniors Committee helped us with our October program by hosting Appletree Court's Marketing Director Phylliss Jones as our speaker. Her topic touched on senior needs in the community as well as our long-term partnership with the facility and its residents. Her talk was meaningful and timely and she spent some quality time answering our questions and letting her Managing Director and owner speak about these issues as well. The Sophomore Sisters are hard at work gathering books to be sent to active military and brought cards to the meeting for us to add notes to.

I look forward to seeing all of you at the Awards Luncheon on Friday, November 2 at the Renaissance Dallas Richardson Hotel – it will be a magical event with a record number of honorees and I hope, attendees. Please help welcome and celebrate our sponsors and honorees on this important day.

Community Outreach did a stellar job gathering coats and toys for the Network holiday distribution – and we

owe Jackie Scrivener and Christine Hart a big round of applause for their unflagging efforts on this project as well as the entire committee.

Five members – Bobbi Klein, Pam Johnson, Nancy Rohm, Mary Osentowski and Kimberly Kierce from our Richardson club attended the District Nine Leadership Conference in San Antonio on October 20. I am sorry that I was unable to go and can't wait to hear about what these leaders learned from other clubs in District Nine.

A new Nominating Committee will be convened in November and I hope all of you will consider a leadership position with the club in the upcoming club year as we move forward. If you have questions about what is entailed, please reach out to a current or past board member for their input. We all want to support and encourage each other as we provide service to our community.



Sarah Nesbit, President 2018-2019

E-mail: Sarah.Nesbit@cor.gov

Upcoming Events

See online calendar for event details, location, and to register at <http://altrusarichardson.com>

- Nov. 1 5:00 pm Make OWT Corsages
- 7:00 pm Business meeting
- Nov. 2 11:30 am Outstanding Woman of Today
- Nov. 3 1:30 pm Ability House, Shelly's Birthday Party
- Nov. 6 & 7 3:15 pm World Peace Art Set-up/Check-in
- Nov. 13 5:00 pm World Peace Art Reception Set-up
- 6:30 pm World Peace Art Reception
- Nov. 14 6:00 pm Atria Bingo
- Nov. 15 2:30 pm Atria Auction
- Nov. 15 7:00 pm Dinner /Program Meeting
- Nov. 20 6:15 pm Appletree Court Auction
- Nov. 26 6:00 pm AWCLS
- Nov. 29 7:00 pm Club Board of Directors Meeting

CLUB BOARD OF DIRECTORS UPDATE

September Board Meeting Notes

By Bobbi Klein, President-Elect

The Board of Directors met on October 25. Vice President Toni Garret has had to resign due to family obligations. The President will appoint a member to serve out the remaining term. The major topic discussed was reduction of the size of the club Board of Directors. The Board will bring a recommendation the club for consideration soon in regard to this issue.

DISTRICT NINE ACCENT

We Host District Nine Conference in 2020 – Update

An informal Steering Committee of several past presidents and club members met at Nancy Rohm's house after the New Member Orientation on October 6th. Governor Linda Moore requested that we submit the names of Conference Chairs and Conference Treasurer for approval at the District Nine Board of Directors meeting on October 19. Conference Co-Chairs, Carol Ruszkowski and Mary Beth McLemore and Conference Treasurer, Nancy Rohm were presented and approved by the District Board. All Conference Co-Chairs are beginning to put their teams together.

The first order of business is the vetting of possible conference hotel locations, which will be presented to the district Board for consideration and selection. Members of the conference committee will begin visiting hotels on November 12.

This is our chance to demonstrate what a great club we are. Please be thinking about where you can be of help.

HELPING AGENCIES SERVING RICHARDSON MEMBERSHIP

Altrusa Serves at HASR “We’re Better Together Conference”

By Mimi Tanner, Altrusa Representative to HASR



Helping Agencies Serving Richardson is an organization of many non-profit agencies providing various types of services to the Richardson community. Altrusa has been a long time member of HASR. Mimi Tanner, our representative to HASR also serves as HASR Secretary.

Four Altrusans assisted during the recent October 25 HASR “We’re Better Together Conference” .

Pictured left: (from left to right) Jane Merz, Carl Ruszkowski and Mimi Tanner (in back brace). Robin Smith (not pictured) also helped out in the morning.

COMMUNITY OUTREACH COMMITTEE UPDATE

Donation of Children’s Coats and Christmas Toys to NETWORK

By Jackie Scrivener

Altrusa’s Community Outreach Committee had a busy month in October. They purchased 63 children’s coats and delivered them to NETWORK’S Clothes Closet .

NETWORK operates a clothes closet to service Richardson families in need. For the past three years, the Outreach Committee has purchased gently used coats from Goodwill Industries to donate to the Clothes Closet. Altrusa’s donation will bring warmth to our most precious citizens, our children.



Pictured left to right: Jackie Scrivener, Christine Hart, and Janet McColloch purchased 63 coats



Community Outreach also organized a toy drive to benefit NETWORK’S “Toyland Express.” This project makes it possible for qualifying parents to shop for their children from November 12 thru December 14 using “Santa Bucks.” Altrusans generously donated a large trunk load of toys at the October 18 dinner meeting. Thanks to everyone’s donations, many children will have smiles on their faces Christmas morning. Altrusan service makes a difference.

Pictured left: (L-R) Christine Hart, Jackie Scrivener and Janet McColloch purchased toys



A trunk full of toys for NETWORK’s Toyland Express

OWT Corsage Committee
Corsage Making Event

By Norma Hammerlund

November 1, 2018 at 5:00 pm

Norma will be leading volunteers in making the corsages for all the nominees for the Outstanding Women of Today event. The clubhouse will open at 5pm. We have 40 corsages to make so we need as many volunteers as possible. Please bring a pair of sharp scissors and a pair of wire cutters with you if you have them available. Norma will teach you how to construct the corsages. Iced Tea and snacks will be available. If we are still working during the business meeting, the meeting is broadcast throughout the club house, so you will still be attending the meeting. Please sign up on the club website.

The Richardson Altrusa Believers

The Monkees Recorded *I’m A Believer* in October 1966 and released it in November 1966. That same year Altrusa of Richardson was organized on February 16, 1966. The Membership Retention Committee would like to honor all the Altrusa Believers each month by their dates of service. This month we are congratulating the Richardson Altrusa Believers from 2014 to May 2016. Make sure and give a special “Thank You” to each of these ladies for their service to the club.

Alma Benoit	2014	Betty Bruce	2016
Toni Garrett	2016	Gayle Ingle	2015
MaryAnn Johnston	2016	Susan Long	2015
Sylvia McCloskey	2016	Janet McColloch	2016
Barbara McNutt	2016	Sharon Nash	2016
Carol Ruskowski	2016	Jackie Scrivener	2015
Robin Smith	2014	Karen Tate	2016
Ruth Tinnes	2016	Ann Turner	2016

Thank You For All You Do For Altrusa

Fall – Halloween Party at Ability House

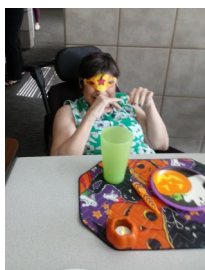
By Rosemary Gouger

Oh, how we wish you could have all been there! The house was decorated for Halloween. There were, cupcakes and ice cream; plus, Halloween cookies and candy corn. We played Halloween JINGO, the old shell game with cups and candy pumpkins. Everyone got a prize because they didn't know that Sara Deats had put a candy pumpkin under every one of the cups.... every time. No losers here!

Sara is an entertainment Master! She brought a great big pumpkin and all kinds of "Mr. Potato Head" type of decorations to make funny faces.



Pictured left to right: Jackie Scrivener, Nina, Jackie's granddaughter Megan Miles, Henry, Helen Bate, Robert, Sara Deats, Jane Merz, Kathleen, Shelly, Gayle Ingle, Vera and Rosemary Gouger (behind Vera)



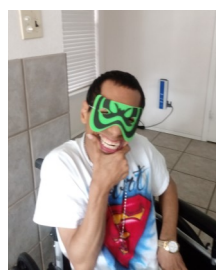
Shelly



Vera



Henry



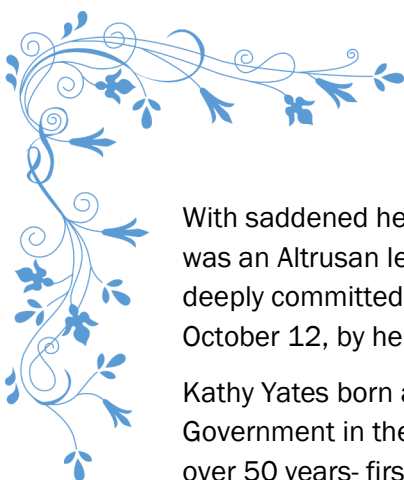
Robert



Kathleen



Sara Deats makes funny faces!



In Memorium

With saddened hearts we note the passing of Altrusan Kathryn Yates. She was an Altrusan less than a year but quickly became involved and was deeply committed to Altrusa. Kathy was found in her home on Thursday, October 12, by her housekeeper.

Kathy Yates born and raised in Wichita Falls. Kathryn taught American Government in the Dallas County Community College District (DCCCD) for over 50 years- first at El Centro when it opened in 1966 and then at Richland when it opened in 1972.

A memorial service will be held at Richland College in the near future. As soon as arrangements can be made by her niece and best friend, Donna Knipp.

Cards would mean a lot to Donna and can be sent to:

Donna Knipp
60 Seaman Avenue, #2E
New York, NY 10034

If you have further questions contact Sue McElveen.



Kathryn Yates



MEMBER RECRUITMENT COMMITTEE UPDATE

Fall New Member Orientation – “Hidden Talents”

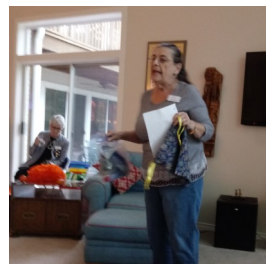
By Carol Ruskowski, Recruitment Chair



Gayle Ingle and Helen Bate (front) try to fly paper airplanes. (Behind L- R) Deb Bourland, Cindy McIntyre, Rosemary Gouger, Bonnie Perry, Nancy Rohm, Sue McElveen and Barbara Berthold.



Sara Deats (front) tries her hand at the hula hoop (Behind L- R) Deb Bourland, Rosemary Gouger, Robbin Murley, Carol Ruskowski, Bonnie Perry and Nancy Rohm (back is to the camera)



Jane Tucker explains about the International Project “Days for Girls”



Robbin Murley spoke about the KAN Weekend and Sophomore Sisters book project for the military



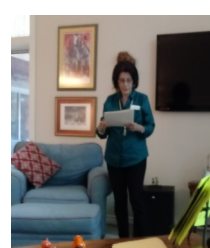
(L- R) Julie Pan, Mary Ann Johnston, Altrusan to be Diana Heald, brand new Altrusan Sarah Saunders and Jane Merz



Sue McElveen “demonstrates” whirlygigs



Bonnie Perry (center back) explains the Methodist Hospital blanket project (back L-R) Cindy McIntyre, Gaye Ingle and Sara Deats, with Carol Ruskowski (front) listen carefully



Cindy Murray, Foundation Treasurer, spoke about the duties of the Foundation and Foundation Trustees



Rosemary Gouger talked about the Ability House project and introduced the residents

Many thanks to Nancy Rohm for being the “hostess with the mostest” for this gathering! It was a time for eating great food and sharing information about committees and projects. Rosemary Gouger brought pictures and stories about the residents at Ability House. Needless to say, it brought tears to our eyes. Cindy Murray shared information about the Foundation side of our club; Bonnie Perry talked about a Methodist Hospital blanket project; Sue McElveen and Robbin Murley updated us on the Sophomore sisters book project for our military at home and abroad and also talked about KAN weekend; Jane Tucker talked about the “Day for Girls” project; and Mary Osenowski shared with us the Grant procedure and who were the recipients for this club year.

But believe me when I say it was not all talk!!!!

We found some real hidden talents that truly had us all rolling in the aisles with laughter. One of those talents included being a kid again and making and flying paper airplanes. Two groups were formed and the Queen Bees won the competition. One pilot actually had her plane do a round trip flight – plane came right back to her like a boom-a-rang. Never seen anything like that before.

Susan Fisher brought along her work out hula hoop (much heavier than the plastic ones we find in the stores). Much to our amazement and laughter, she and several others showed just how talented and agile they were in making it swirl. She also shared with us her love of knitting and how it was benefitting kids all over the world.

We laughed and cried. I think this was a successful meeting. Many thanks to all that came.

*You are the Universe
in ecstatic motion
- Rami*

UN Day, October 24 and Other Observances

From www.un.org and www.who.int



World Science Day: November 10, 2018 Celebrated every 10 November, World Science Day for Peace and Development highlights the significant role of science in society and the need to engage the wider public in debates on emerging scientific issues. It also underlines the importance and relevance of science in our daily lives.

By linking science more closely with society, World Science Day for Peace and Development aims to ensure that citizens are kept informed of developments in science. It also underscores the role scientists play in broadening our understanding of the remarkable, fragile planet we call home and in making our societies more sustainable.

International Day for Tolerance: November 16, 2018 The United Nations is committed to strengthening tolerance by fostering mutual understanding among cultures and peoples. This imperative lies at the core of the United Nations Charter, as well as the Universal Declaration of Human Rights, and is more important than ever in this era of rising and violent extremism and widening conflicts that are characterized by a fundamental disregard for human life.

In 1996, the UN General Assembly (by resolution [51/95](#)) invited UN Member States to observe the International Day for Tolerance on 16 November. This action followed up on the United Nations Year for Tolerance, 1995, proclaimed by the UN General Assembly in 1993 at the initiative of [UNESCO](#), as outlined in the [Declaration of Principles on Tolerance and Follow-up Plan of Action for the Year](#).

Universal Children's Day: November 20, 2018 United Nations Universal Children's Day was established in 1954 and is celebrated on November 20th each year to promote international togetherness, awareness among children worldwide, and improving children's welfare.

November 20th is an important date as it is the date in 1959 when the UN General Assembly adopted the [Declaration of the Rights of the Child](#). It is also the date in 1989 when the UN General Assembly adopted the [Convention on the Rights of the Child](#). Since 1990, Universal Children's Day also marks the anniversary of the date that the UN General Assembly adopted

International Day for the Elimination of Violence Against Women: November 25, 2018 Violence against women and girls is one of the most widespread, persistent and devastating human rights violations in our world today.

Violence against women is the most extreme form of discrimination. According to the aforementioned report, on the basis of data from 2005 to 2016 for 87 countries, 19 per cent of women between 15 and 49 years of age said they had experienced physical and/or sexual violence by an intimate partner in the 12 months prior to the survey. In the most extreme cases, such violence can lead to death. In 2012, almost half of all women who were victims of intentional homicide worldwide were killed by an intimate partner or family member, compared to 6 per cent of male victims.

Another extreme case of violence against women is female genital mutilation/cutting. This harmful practice has declined by 24 per cent since around 2000. Nevertheless, prevalence remains high in some of the 30 countries with representative data. In those countries, survey data from around 2015 indicate that more than 1 in 3 girls between 15 and 19 years of age have undergone the procedure compared to nearly 1 in 2 girls around 2000.

Moreover, only just over half (52 per cent) of women between 15 and 49 years of age who are married or in a relationship make their own decisions about consensual sexual relations and use of contraceptives and health services. That statistic is based on available data from around 2012 for 45 countries, 43 of which are in developing regions.



**LEAVE NO
ONE BEHIND:
END VIOLENCE
AGAINST WOMEN
AND GIRLS**

Research also shows that achieving gender equality helps in preventing conflict, and high rates of violence against women correlates with outbreaks of conflict. Despite the evidence, actions for women's inclusion, leadership and protection remain inadequate.

A Letter to Altrusa From Highland Village, TX Days for Girls

From highlandvillage@daysforgirls.org

On Saturday, October 27, 2018 9:33 PM, Highland Village TX Days for Girls Chapter <highlandvillage@daysforgirls.org> wrote:

Dear Volunteers,

Days for Girls activities are in full swing, but we can't swing far without you! On Tuesday Nov 6 we will have our monthly sewing/serging and prepping activity in preparation for our event with Flower Mound High School. Please join us:

Tuesday November 6
Bridlewood Amenity Center
10 am - 2 pm

We have plenty to do for non-sewers as well as sewers and sergers
If you can help with set up or clean up, please let Pam know
If possible please bring your own sewing machine or serger and scissors.

The following week, **TUESDAY NOVEMBER 13** is the **Flower Mound High School Seniors' DFG Service Project**. It is always exciting seeing the zeal of these young men and women who truly desire to make a difference. This will be much easier than in the past; it is limited to 100 seniors. **We still need lots of help!** Please use the sign up genius right below. Read the instructions carefully! [FMHS November 13](#) is the sign up genius link.

PROGRAM/ COMMITTEE

November Program Speaker is Kevin Randle, Executive Director of Camp John Marc

After spending 9 years (from 1991-2000) as a camper at Camp Esperanza (a camp for children and teenagers with cancer), **Kevin Randles** joined the program team at Camp John Marc as an Assistant Director before becoming Camp Director, and is now Executive Director.

Beginning in 1991, Camp John Marc opened its iconic stone gate to a special group of campers and their families living with chronic illnesses and major physical challenges. Through 11 week-long summer camps and 29 weekend camping programs (including many family camping programs) CJM serves approximately 3000 campers per year. This is accomplished through the efforts of over 2000 volunteer cabin counselors



SENIORS COMMITTEE UPDATE

Photo with October Program Appletree Court Speaker and Guests



The October program speaker was Phylliss Jones, Marketing Director of Appletree Court, where Altrusa has been volunteering for many years. Ms. Jones shared with us about Senior issues and thanked us for our continuing service. Attending the meeting with Ms. Jones was Dana Bechtold, Executive Director of Appletree Court and one of the owners of the facility.

Pictured left are members of the Seniors Committee with our guests from Appletree Court. (L-R) Robin Smith, Phylliss Jones, one of the owners, Dana Bechtold, Mouna Ruani, Rose Daughety and Jan Flesch

DISTRICT NINE ACCENT

Fall Leadership Conference



Pictured L–R: Bobbi Klein, Pam Johnson, Nancy Rohm, Mary Osentowski and Kimberly Kierce



Selfie time! (L R) Pam Johnson, Vickie Smith from SW Dallas County and Kimberly Kierce

The District Nine Fall Leadership Conference was held in San Antonio on Saturday, October 20, 2018. Five Richardson Altrusans attended. The morning session was a speaker from **Girls, Inc.** who explained about their programs available to girls 6-18 in the San Antonio area. **Girls, Inc.** is a national organization inspiring under privileged girls to be smart, strong and bold and chapters in most large areas. After a healthy salad buffet lunch members of the District Board lead a round table discussion and asked specific questions designed to build a stronger leadership from the Board perspective and by sharing individual members learned about other clubs are lead and serve. The afternoon was wrapped up with each Board member sharing what was learned and shared at each of the tables so that everyone could benefit from all the information gleaned.

The District Nine Board of Directors had their quarterly meeting on Friday afternoon prior to the conference.

OTHER DISTRICT NINE HAPPENINGS

You're Invited

WHEN: Saturday, November 3, 2018

TIME: 6:00pm

WHERE: Lone Star Ranch Community Clubhouse
5150 Beacon Hill Drive
Frisco, TX 75034

Dinner & Holiday Tree Raffle
Master of Ceremonies: LaVone Arthur



For Tickets:

www.altrusafrisco.org or altrusafrisco@gmail.com

WINE & Tasting CHOCOLATE

Saturday, November 3, 2018
1:00 p.m. – 4:00 p.m.

Old Town Wine House
119 W. Main St., Lewisville

FREE!!!!!!

(ages 21+ only)

Sample gourmet food items from The Cocoa Exchange, and a taste of wine.
Additional wine/food available for purchase.

*Proceeds from the sales of Cocoa Exchange items benefit
Altrusa Club of Dallas Foundation, a 501(c)3 organization,
focused on literacy and other community projects.*

GRAB YOUR FRIENDS & ENJOY THE AFTERNOON!

TICKETS AVAILABLE NOW
http://bit.ly/Wine_choc

