



President's Message



Fall is officially here and we are off to a fantastic start with our OWT event in high gear moving toward the November 2 luncheon. I hope you all have registered and will consider bringing a guest or two to enjoy the occasion with you. We need to have

100% participation this year. Have you picked up your raffle tickets yet and sold them? You can look to our immediate Past President Sue McElveen for inspiration. She has a strategy and is working through her personal networks to great success.

The Choose Kind Library Committee helped us celebrate Literacy Month in September by hosting Altrusan speaker, Barbara Berthold, who spoke to us at the Program/Dinner meeting about Friends of the Richardson



Barbara Berthold

Library and their many projects that enhance the community and the programs offered by the public library. Richardson Reads One Book was another critical success with author Dave Eggers speaking about his book "The Circle." Many Altrusans were on hand to usher and attend the reception and author lecture.

A huge Altrusa hug and thank you to all of those who participated in the Feeding Children Everywhere Hunger Project at City Hall on September 9, this is so important to our community and our participation is noticed and appreciated.

September also saw a group of Altrusans going to the Eisemann Center to attend Pegasus Theatre's production of "The Cuban and the Redhead." I hope we will plan more cultural activities to enjoy as a shared experience among friends. Since you know someone in the business, there are always "behind the scenes" opportunities that can be explored.

Recruitment is working with Nancy Rohm to host the Orientation/Re-Orientation for new and seasoned members to refresh their knowledge of the club and how it all works. All of our committees and their members are hard at work doing good in our community. Retention is planning an outing at the end of the month that involves chocolate and a ghost tour – how much fun is that? I hope all of you have found a committee to work with that challenges and fulfills your personal mission for service. If not, let me or someone on the Board know and we will try to help you find something that fits your interests.



Sarah Nesbit, President 2018-2019

E-mail: Sarah.Nesbit@cor.gov

Upcoming Events

See online calendar for event details, location, and to register at <http://altrusarichardson.com>

- Oct. 2 6:30 pm Altrusa Dallas Birthday Party
- Oct. 4 7:00 pm Business meeting
- Oct. 5, 6 & 7 Friends of the Library Book Sale
- Oct. 6 9:00 am Member Orientation/Reorientation
- Oct. 6 1:30 pm Ability House Fall/Halloween Party
- Sept 10 6:00 pm Atria Bingo
- Oct. 18 7:00 pm Dinner/Program meeting
- Oct. 20 9:00 pm District Nine Leadership Event
- Oct. 22 6:00 pm AWCLS Book Club
- Oct. 26 7:00 pm Dallas by Chocolate "Ghost Tour"
- Oct. 27 7:00 pm Club Board Meeting

CLUB BOARD OF DIRECTORS UPDATE

September Board Meeting Notes

By Bobbi Klein

The Board of Directors meet on September 27. The major topic discussed was the Recommendation brought by the Policies Review Committee for changes to the Club Policies, which were last reviewed and approved by the membership in 2016. The Board has approved the Policies with minor changes and the Recommendation to approve the 2018 changes will be brought to the club for approval at the October business meeting on October 4th.

ALTRUSA ACCENT

Our Bid to Host District Nine Conference in 2020

It's official! Altrusa International of Richardson sent a bid to host the 2020 District Nine Conference to the District Nine Board of Directors. Our bid was accepted at the Fall District Board meeting and Sue McElveen and Bobbi Klein received notification from District Governor Linda Moore in September. We have already received commitment from the Collin County Club that they will assist us with planning and execution, so we won't have to do it alone.

Though the conference seems a long way off we need to start immediately. The Conference Committee Chair(s) and Conference Treasurer will need to be put in place before the end of the year. The Conference Committee will need to begin the search for suitable accommodations and get the hotel in place as soon as possible, since many hotels are booked well in advance. Everyone's help will be needed. For this important task.

This is our chance to demonstrate what a great club we are. Please be thinking about where you can be of help.

MEMBER RECRUITMENT UPDATE

Three New Members Were Initiated on September 6

You were introduced to the biographies of our newest members (pictured right – from left to right), Sara Deats, Sarah Saunders and Mary Bedowsky, in the September issue of Tidings. These ladies were initiated at the September business meeting. Please be sure to welcome them personally. Each lady is a wonderful addition to our club.

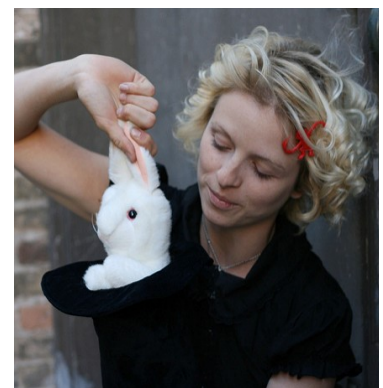


MEMBER RECRUITMENT COMMITTEE UPDATE

What Are Your hidden Talents? New Member Orientation/Member Re-Orientation

By Carol Ruskowski, Co-Chair

Don't miss Fall Orientation on October 6th, 9:00 am to 12:00 pm. Attendance is encouraged for **all** our members, **especially our newer members**. (Orientations can be used as makeup meetings.) Sign up to bring your favorite item to share in the Pot Luck Brunch! Orientation Theme: **Hidden Talents**. Be prepared to be empowered by discovering YOUR Hidden Talents and how you can share them with Altrusa in a variety of ways. **Cindy Murray** will share information on the hidden talents of our Foundation, what it is and what it does.



What hidden talents can you pull out of your hat?

MEMBERSHIP RETENTION UPDATE

Literacy Month Annual Altrusa Book Swap

By Christine Hart

On September 22, Altrusa hosted it's 14th book swap. Thirty-one people gathered at Cindy McIntyre's home for a lovely evening. Altrusans and friends brought books they were ready to pass on and were able to chose others they would like to read. All of the leftover books were taken to the library to benefit the Friends of the Library annual book sale. Thank you, Ann Turner, for transporting of the extra books to the



The Annual Book Swap is an Altrusa Richardson favorite. Wonderful food, friendship, conversation, and guests are all part of this fun event.



By Judy Blome

About twenty-three Altrusans, family, and friends saw the September 16th matinee presentation of The Cuban and the Redhead at the Eisemann Center. The musical is the back story of *I Love Lucy* – the individual stories of Lucille Ball and Desi Arnaz until they met, how these opposites got together and married, their trials and tribulations as a couple, and how all led to *I Love Lucy*. More a drama than a comedy, the musical still made us laugh on occasion, and the sets and music were wonderful. While maybe not exactly what most of us expected, all enjoyed the afternoon and the fellowship of our Altrusa sisters.

library.

***I'm A Believer* from 1966**

The Monkees Recorded *I'm A Believer* in October 1966 and released it in November 1966. That same year Altrusa of Richardson was organized on February 16, 1966. The Membership Retention Committee would like to honor all of the Altrusa Believers each month by their dates of service. This month we are congratulating the newest Richardson Altrusa Believers from 2017 to May 2018. Make sure and give a special Thank You to each of these ladies for their service to the club.

- Helen Bate 2017
- Sebrena Bohnsack 2018
- Marta Gomez Frey 2017
- Linda Griffith 2017
- Robbin Murley 2018
- Mouna Rouani 2017
- Lyndsey Theobald 2018
- Shirley Wilson-Sigler 2018
- Cat Zultner 2017

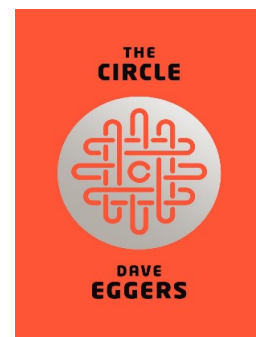
- Judy Blome 2017
- Tracy Carron 2018
- Rosemary Gouger 2017
- Lishan Liu 2018
- Julie Pan 2017
- Mary Shiroma 2017
- Shirly Waller 2017
- Kathryn Yates 2017

Richardson Reads One Book Author Lecture Event

Altrusans Alma Benoit, Carol Ruskowski, Christine Hart, Cindy McIntyre, Deb Bourland, Donna Buhr, Gloria Sandoval, Jan Flesch, Janie Jaquier, Marsha Peters, Robin Smith, Shirly Waller, Susan Fischer, and Robin's sister Andrea Gray were volunteers as ushers at the 15th Anniversary Richardson Reads One Book Author Event, held September 19, 2018, in



Altrusa volunteer ushers pose before the event. L-R : Jan Flesch, Robin Smith, Andrea Gray, Donna Buhr, Alma Benoit, Carol Ruskowski, Shirly Waller, Marsha Peters, Cindy McIntyre, Susan Fischer, Christine Hat, Deb Bourland, Gloria Sandoval and Janie Jaquier



the auditorium of Richardson High School. The

event was a resounding success with the auditorium more than half full with people that came to hear author Dave Eggers discuss his book "The Circle", chosen by the Richardson Reads One Book Board. Susan Allison, Secretary of the Board and Director of the Richardson Public Library, thanked Altrusa members for all we do to support Richardson Reads One Book and the Library.

COMMUNITY OUTREACH

Feeding Children Everywhere Event at Richardson City Hall

Altrusa was definitely represented at the Feeding Children Everywhere event held at Richardson City Hall on Sunday, September 9. We had two shifts to cover check-in of participants and members giving people directions. We had a total of 9 on hand for this duty. This was arranged by Linda Griffith, Chair of Community Outreach at the request of Katie Patterson from RALC.

Sue McElveen asked for volunteers to work one shift filling the bags of food and had 12 Altrusans/Altrousers to volunteer. We had a blast! If you have never done this activity I highly recommend you sign up for next year. It is a lot of fun, plus we get community recognition since we wear our Kindness Ninja T-Shirts. This group worked for almost one hour and we filled 325 bags of food during our shift (I believe we did more than any other group, but not positive). This year for some of the bags they substituted pasta for the lintels at the request of Cindy Shafter, CEO of Network. In addition, using the pasta allowed for a Jambalaya recipe which Cindy believes is more palatable for the Network of Community Ministries clients. Our table filled only bags with the pasta mixture, so we were able to help Network in yet another way! Enough bags were filled the day we worked to feed almost 70,000 hungry people throughout North Texas.

The people working the check-in/hall guide shift were: Helen Bate, Cindy McIntyre, Susan Fischer, Mouna Rouani, Carol Ruskowski, Cindy Murray, Sue McElveen, Jan Flescher, and Jackie Scrivener.

Shown at right are the Altrusans who worked to fill the bags. (L-R) Jo Leeper, Alma and Dennis Benoit, Sue McElveen, Samantha Slaight, Julia Pan, Janie Jaquier, Jackie, Scrivener, Rosemary Gouger, Helen Bate, John Sanders, Mary Osentowski,



SENIORS COMMITTEE UPDATE

Richardson Public Library Senior Book Rotation

By Toni Garrett

On September 15, 2018, eight Altrusans along with five members of the Richardson Exchange Club, volunteered to help with the Richardson Public Library Book Rotation project. This project involves taking large print books on a rotation basis to eleven participating assisted and non-assisted living facilities in Richardson.



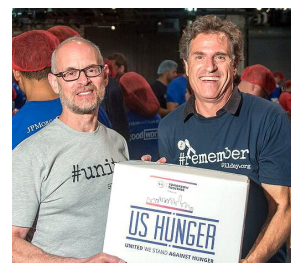
Altrusans pictured with the Exchange Club, men L-R starting second from left: Lishan Liu, Lynn Solomon, Jan Flesch, Helen Bate, Shirly Waller, Alma Benoit, and Judy Blome.

COMMUNITY OUTREACH UPDATE

Remembering 9/11 – 9/11 Day

By Laura Trainor-Collins

9/11 Day exists today in great measure because two friends, David Paine and Jay Winuk (pictured right), who lost his brother Glenn Winuk in the 9/11 attacks, decided to dedicate their lives to transforming 9/11 from a day of evil into a day of good. With broad support from the 9/11 community, they had two goals: to establish September 11 as an annually-recognized national day of service under federal law and build nationwide participation in what they called "9/11 Day."



In 2009 the U.S. Congress and President Barack Obama joined together to pass bi-partisan national service legislation that formally designated September 11 as a National Day of Service and Remembrance. Martin Luther King, Jr.'s birthday is the only other day of service officially established under federal law. "

Now, nine years later, 9/11 Day is the nation's largest annual day of charitable engagement, with nearly 30 million Americans taking time out each September 11 to volunteer, support charities, and perform simple good deeds in tribute to those lost and injured and others who rose in service in the aftermath of the attacks.

The Community Outreach Committee, with very short notice, was able to gather 56 lbs of food and 21 lbs of personal items that Jackie Scrivener delivered to the Network Food Bank. We now have a new project to look forward to next year and continue honoring all those lost with our spirit of giving and compassion in our community.

PROGRAM/SENIORS COMMITTEE

October Dinner Speaker is Phyllis Jones

Come to the October dinner program meeting to hear Phyllis Jones, Appletree Court Marketing Director, speak to us about the long-time partnership between our Seniors Committee and Appletree Court. We have donated prizes and conducted quarterly auctions for the residents at which they spend "Apple Bucks" that they earn through participating in various center activities and events. Pictured right are: (L-R) Lynn Solomon, Gloria Sandoval, Dean Burroughs, Genevieve Hamulak and Rose Daughety as they prepare for a recent auction.



UN Day, October 24 and Other Observances

From www.un.org and www.who.int



International Walk to School Month: October is the International Walk to School Month. International Walk to School Month gives children, parents, school teachers and community leaders an opportunity to be part of a global event as they celebrate the many benefits of walking. Walkers from around the world walk to school together for various reasons – all hoping to create communities that are safe places to walk.

World Teachers Day, October 5, 2018: Held annually on 5 October since 1994, World Teachers' Day commemorate the anniversary of the adoption of the 1966 ILO/UNESCO Recommendation concerning the Status of Teachers. This Recommendation sets benchmarks regarding the rights and responsibilities of teachers and standards for their initial preparation and further education, recruitment, employment, and teaching and learning conditions. The Recommendation concerning the Status of Higher-Education Teaching Personnel was adopted in 1997 to complement the 1966 Recommendation by covering teaching and research personnel in higher education.

With the adoption of the Sustainable Development Goal 4 on education, and the dedicated target (SDG 4.c) recognizing teachers as key to the achievement of the Education 2030 agenda, WTD has become the occasion to mark progress and reflect on ways to counter the remaining challenges for the promotion of the teaching profession.

International Day of the Girl , October 11, 2018: Since 2012, 11 October has been marked as the International Day of the Girl. The day aims to highlight and address the needs and challenges girls face, while promoting girls' empowerment and the fulfillment of their human rights.

Today's generation of girls are preparing to enter a world of work that is being transformed by innovation and automation. Educated and skilled workers are in great demand, but roughly a quarter of young people – most of them female – are currently neither employed or in education or training.

Of the 1 billion young people – including 600 million adolescent girls – that will enter the workforce in the next decade, more than 90% of those living in developing countries will work in the informal sector, where low or no pay, abuse and exploitation are common.

On 11 October, International Day of the Girl, we are working alongside all girls to expand existing learning opportunities, chart new pathways and calling on the global community to rethink how to prepare them for a successful transition into the world of work.

Under the 2018 theme, **With Her: A Skilled GirlForce**, International Day of the Girl will mark the beginning of a year-long effort to bring together partners and stakeholders to advocate for, and draw attention and investments to, the most pressing needs and opportunities for girls to attain skills for employability.

World Food Day, October 16 ,2018: As far back as 1945 the United Nations recognized food as not a privilege, but a right, and that's why in 1979. World Food Day, observed annually on October 16, was created. It's a day of observance to draw attention to the plight of the hungry. In the United States it's estimated 1 in 7 people rely on food banks as their primary or supplemental food source—many of these are working families who suffer from underemployment and cannot afford the groceries needed to help their family live healthfully. Ninety-eight percent of the farms in the world are family farms. They usually practice sustainable agriculture with plants that are indigenous to the area, rotating crops and limited use of pesticides. Sadly, many family farmers are unable to produce the variety of crops needed for their own survival and without support, can suffer from malnutrition themselves.

UN Day , October 24, 2018: UN Day marks the anniversary of the entry into force in 1945 of the UN Charter. With the ratification of this founding document by the majority of its signatories, including the five permanent members of the Security Council, the United Nations officially came into being.

24 October has been celebrated as United Nations Day since 1948. In 1971, the United Nations General Assembly recommended that the day be observed by Member States as a public holiday.

A Letter to Altrusa From One of Our Partners



August, 2018

Dear Altrusa International:

This is the middle of the school year in Central America, but the Santa Avelina teachers are gracious enough to allow us to set up cots in their classrooms and dismiss the children from afternoon classes, so we can conduct training sessions for the teachers. In early July Reading consultants from the U.S. brought down the most recently produced Ixil books and they and the teachers worked on accompanying lesson plans. At the end of the week, parents were invited to see kindergarteners and first graders perform a little play about the role of the sun, such as helping trees and flowers grow and drying clothes.

Later in July a smaller team of four consultants worked on effective teaching of Math. One application of Math was the measuring done by the older students as the new public middle school is being constructed right behind the HELPS school.

Delivering the Ixil books is always a joy. Some were given to a public school in Cotzal as well, where former principal, Rosa, now teaches. Also, we have concluded that a copy of the book illustrating Guatemalan life, should end up in the Guatemalan embassy in Washington DC. The teachers are more confident every day in writing text and producing artwork, since they have now produced close to 60 books.

I had a delightful visit from one of our scholarship girls who graduated from high school last year, accompanied by her parents. I knew she was taking college classes on weekends, but the point of their visit was to say she had gotten a good job with the U.N. in nearby Nebaj. The father thanked God for his daughter's intelligence, financial assistance from HELPS International, and her ability now to help the family with the needs of five younger children in the family.

Not only did she win the award for top grade point in her graduating class last year, but she now is directly applying her education toward meaningful local work that will benefit the entire family. We are now hearing stories to confirm that our collective investment in these elementary children is leading to productive lives as young adults. Thank you for your role in this important work of giving a hand up.

Graduation is October 26. Sponsors of sixth graders are especially welcome to come with me to see their children graduate. Do contact me for more details if you are interested.

Cheryl Weeks-Rosten
Director of Partners in Education Program and Scholarships
cwrosten@gmail.com

News From Senayda, Our Sponsored Girl In Guatemala

From Helps International

Centro Educativo Privada Experimental William
M. Botnan
Aldea Santa Avelina, Cotzaj, Quiché, C.A Guatemala
para mi madrina *Altrusa
Recibe un cordial saludo deseándole éxitos
en sus labores diarias*
Hoy estoy contenta porque ya hicimos nuestra
evaluación y también ya estoy en quinto grado
primaria también estoy contenta con mis compañeras
y mis compañeros siempre compartimos en nuestro
grado agradezco mucho a Dios por estar cumpliendo
otro año más de vida con mi familia. Mi familia
está feliz porque ya estoy en quinto grado primaria*
Le agradezco por leer mi carta y que Dios
todo poderoso le comede muchas bendiciones
Senayda Isabel Torres Medina

To my Godmothers in Altrusa
Please receive this cordial greeting
wishing you successes in your daily
work.
Today I am very happy because we
have done our evaluation and also
to inform you I am in fifth grade.
I am also happy to share my fifth
grade with all my friends and com-
panions here.
I am thankful to God for another
year of my life with my family. All
my family is very happy because I
am in fifth grade.
I appreciate you reading my letter
and thank all mighty God wishing all
of you blessings.
Senayda Isabel Torres Medina
William M Botnan School
Santa Avelina, Guatemala



Editors note: Senayda Medina is the second girl whose education Altrusa of Richardson has sponsored at the William M. Botnan School in Santa Avelina, in partnership with Helps International. The first young lady was sponsored by us from second grade through high school. She has gone on to college and is a nurse. The William M. Botnan School is also the location of one of our International Choose Kind Libraries.

CONGRATULATIONS ALTRUSA INTERNATIONAL OF RICHARDSON, INC.

Once again you have raised the bar of excellence for our club. We have been recognized as a Distinguished Club with an award for your service and dedication to our community, and around the world, for 2017-2018. I hope you all take pride in winning this award because you have each worked hard to make this possible. I will forever be proud to have served as your President and seeing the club honored with this award during my term.

With heartfelt gratitude,

Sue McElveen
Past-President 2017-2018

DISTRICT NINE FALL LEADERSHIP EVENT
"Empowering Leaders" ... with Dessert First!
From Governor Linda Moore

Time Is Running Out!
Deadline is October 10!!



FALL LEADERSHIP EVENT ... **WITH DESSERT FIRST**

*Check into the Marriott Northwest—San Antonio on October 19, 2018,
and join fellow Altrusans for dessert first at 8:30 p.m. in the hotel lobby
In honor of leadership and teamwork within District Nine,
Dessert and coffee will be served up to celebrate on Friday night.*

Workshops and Luncheon begin on October 20, at 9:00 am, ending around 2:30 pm
All attendees will gather for "ALTRUSA CARES" and more!
Altrusans will explore the topics of empowerment as leaders,
an update on "Days for Girls" within District Nine, and guest speakers.

Registration form available at:

<https://districtnine.altrusa.org/files/2018/08/FALL-LEADERSHIP-EVENT-registration-form-2018.pdf>

Registration fee: \$55.00 per person—includes luncheon and workshops

Mail registration fee on or before **October 10th:**

Gerleine A. Schoonover

Altrusa International of San Antonio Texas, Inc. Communication Chair

P. O. Box 100961

San Antonio, Texas 78201-8961

Book your Room:

Altrusa Group Rate \$115 –119 USD per Night (available 10/19/18 to 10/21/18) Book by 9/28/18
The event ends at 2:30 pm but we suggest you take advantage of the group rate and stay on Saturday night to see some of San Antonio.

For a direct link to book your Group rate go to www.altrusadistrictnine.org/Events

San Antonio Marriott Northwest
3233 NW Loop 410
San Antonio, TX 78213