

# **ALTRUSA TIDINGS**

 Issue 17-6
 Altrusa International of Richardson, PO Box 833171, Richardson, TX 75083
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President's Message by Sue McElveen



Welcome to a new year in Altrusa Richardson! I am both excited and, at times, overwhelmed about leading in this new year. Thank you, all of you, for your support

this last year as well as your support for me as leader of this wonderful organization.

I would like to thank the Program Committee, Kay George, Gerry Carron and Robin Smith for their thoughtful and wonderful table decorations for our Installation Dinner. You three helped to make the evening very special.

Thank you to all who attended to support me and the newly elected Foundation Board of Trustees and the club Board of Directors. The Foundation Board members were installed as well as the Club Board of Directors in a very meaningful installation ceremony presented by Mary Osentowski. Thank you, Mary, for all you do for our club. Your ceremony was inspirational and encompassed my theme for the year perfectly.

My goals for the year are pretty well stated in my theme. My hope is that we can increase our membership by inviting others with a wide variety of *diversity*. Let's all work together to raise our membership by at least 10% or more. In the same vein as recruiting new members, is to retain those that are already members. My goal is to retain at least 90% of the members we already have.

As we go about serving our community, let's *cultivate kindness* at every turn. Also, let us *practice tolerance* in dealing with others and show our real altruistic spirit.

Another goal as we move forward is to see total involvement in our website. By this I mean, use it regularly. Sign up for events as they are posted. Use the website to post your volunteer hours MONTHLY. Let's not wait till the end of the year. I want to see all that you do Embrace the World Record Diversity & Cultivers Eindness & Practice Tolerance

as we go along. If your committee has a webpage, then it seriously needs updating. Write up a new page telling what the committee is doing currently and provide pictures. Submit it to Kimberly Kierce and she will see that it gets posted. If your committee does not have a webpage, then develop one. Our website goes out to the so let them know when they public. visit www.altrusarichardson.com exactly what we are doing to serve our community.

From our Board of Directors, Nancy Crowe will be the liaison for the Administration Committee Chairs/Co-Chairs. Sandy Martin will do likewise for our Foundation (Service) Committees. This is an effort for the Board to stay directly connected to our committees and to provide support for the important work they are doing.

A big THANK YOU to all who signed up as Chairs/Co-Chairs of the committees - both Administration and Service. Also, thanks to those members that have agreed to be on the committees. It takes many hands to make light the work of all that we do. If you have not signed up, please consider doing so as soon as possible. We need everyone's input to make things run smoothly. Get involved in something and I guarantee you will get out of your service much more than you give.

Thank you again for putting your trust in my leadership. I will work hard to be worthy of your trust. I will do my best to continue the wonderful work of our club and to follow in the best tradition of those who have previously lead Altrusa Richardson.

### **Upcoming Events:**

See online calendar for event details, location, and	
sign-up at	http://altrusarichardson.com
June 1	Retention Committee Mtg. (6p)
June 1	Monthly Business Meeting (7p)
June 8	Foundation Trustee Meeting (6:30p)
June 10	SENIORS – Book Rotation-RPL (10a)
June 14	SENIORS – Atria Bingo (6p)
June 15	Dinner Meeting - (7p)
June 16	SENIORS – Tie One On Father's Day – (10a)
June 26	RETENTION – AWCLS Book Club (6p)

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Seniors Committee Friends Place Mothers Day Tea By Alma Benoit

Nineteen – that's nineteen – Altrusans joined together with smiles on their faces and in their hearts to honor



and celebrate mothers. We set up festive spring-decorated tables for lunch and tea, and served mini cheesecakes plus a variety of teas to clients of Friends Place Adult Day Services and their families. Afterward, we cleared tables, washed, sorted and repackaged the wide assortment of beautiful

vintage china teacups and saucers. Moreover, we enjoyed fellowship and motherhood stories with mothers, their family members and our Altrusa sisters. Truly it was a day of sharing memories as well as making new ones. It is our hope that we added to the joy of this Mother's Day to all in attendance.



(pictured I-r) Robin Smith, Jane Tucker, Mary Beth McLemore, Nancy Rohm, Bobbi Klein, Rosemary Gouger, Sue McElveen, Rose Daughety, and Linda McCollum



Rose Daughety, Linda McCollum, Cindy Murray, Julie Pan, Helen Bate



Mouna Rouani, Sylvia McCloskey, Cindy McIntyre, Christine Hart, Gayle Ingle, Alma Benoit, Sue McElveen, and Janice Flesch

### **R N**

Altrusa International of Richardson, Inc. Altrusa, The First 100 Years Thursday, June 15, 2017

The Retention Committee will host "Altrusa, The First 100 Years", for the June 15<sup>th</sup> dinner/program meeting. The program will feature special guests to walk us



through Altrusas First 100 Years. You don't want to miss this fun meeting including an Altrusa Trivia Contest and prizes. Please sign up on the website by noon on Monday, June 12<sup>th</sup>!

#### May 18 Dinner/Installation Meeting

Altrusa Board and Foundation Trustees 2017-2018 by Nancy Rohm

At the May 18 Dinner/Installation Meeting, Past Club President and Past District Nine Governor, Mary Osentowski, installed the Trustees for our local club Foundation and the Club Board of Directors for the 2017-2018 club year. For each person installed, Mary recognized each member being installed with highlights of things they did previously in Altrusa.

The Foundation Trustees will elect officers within their group at the Annual Meeting of the Foundation in June. They were each presented with a three-ring binder and a wooden letter "D" representing Duty. Mary spoke of the Duty of Care and Duty of Loyalty of being trustees. The Trustee members were each presented with a stress ball globe, representing incoming President Sue McElveen's theme:

### Embrace the World: Welcome Diversity\*Cultivate Kindness\*Practice Tolerance.

Foundation Trustees are: Deb Bourland, Julianne Lovelace, Cindy Murray, Bonnie Perry, Janice Swallow, Mimi Tanner and Jane Tucker.

Club officers are: President – Sue McElveen, President Elect – Sarah Nesbit, Vice-President – Gayle Ingle, Treasurer – Jean Stuart, Recording Secretary – Toni Garrett, Corresponding Secretary – Laura Trainor Collins, Directors – Ginger Tonne, Brenda Boston, Nancy Crowe and Sandy Martin, and Immediate Past President – Nancy Rohm.

Prior to the Installation Ceremony, outgoing President, Nancy Rohm, gave her end of the year report. Immediately following the ceremony, Sue was presented with the president's pin, which she will wear this year. Nancy already received a president's pin from her previous presidency, so she requested a Lamplighter Pin. The club contributed the cost of a president's pin and Nancy paid the remaining cost for the pin (a \$500 donation to Altrusa International Foundation.) Nancy then presented Sue with the club gavel.

In Sue's remarks, she read a poem by Maya Angelou. She spoke of her goals and plans for the upcoming year. Sue concluded the business of the evening and declared the meeting adjourned. And so... a new year begins!



Nancy Rohm pins Sue McElveen with her President's Pin



Sue McElveen and Family!





Presidents Picture (I-r Cindy McIntyre 2015-16 President, Nancy Rohm 2016-2017 President, and Sue McElveen 2017-2018 President)



Sue McElveen pins Nancy Rohm







#### Altrusa Richardson 2017-2018 Club Board

(pictured standing I-r) Jean Stuart (Treasurer), Sarah Nesbit (President Elect), Laura Trainor Collins (Corresponding Secretary), Ginger Tonne (Director), Brenda Boston (Director), Nancy Crowe (Director), Sandy Martin (Director), Gayle Ingle (Vice President), Toni Garret (Recording Secretary), [seated I-r] Nancy Rohm (Immediate Past President) and Sue McElveen (President)



Altrusa Richardson Trustees (pictured I-r) Cindy Murray, Julianne Lovelace, Bonnie Perry. Janice Swallow, Mimi Tanner, and Jane Tucker, (not pictured) Deb Bourland

### Community Outreach Committee New Beginnings Book/Bookcase Donation by Jane Tucker, Co- Chair

The New Beginning Center has received 250 books and three bookcases from Altrusa Richardson's Community Outreach Committee. This donation will provide a new book library for the clients of this domestic violence center. Altrusa project lead, Sandy Martin, secured the



books from the Richardson Library after the April 2017 Friends of the Richardson Library Book Sale. The books were delivered to Beth Leos, Volunteer Coordinator for the New Beginning Center on May 10<sup>th</sup>.

To properly display the books, the Community Outreach Committee also purchased and delivered three bookcases. Plans are

already under way to restock this library every Spring and Fall for the clients of the center.



Jane Tucker and Gloria Sandoval, Community Outreach Co-Chairs, deliver bookshelves to New Beginnings Volunteer Coordinator, Beth Leos

### Community Outreach Committee Appreciation Bouquet for Counseling Place by Jane Tucker, Co-Chair

The Counseling Place has been serving the Richardson community for over 30 years by providing counseling for individuals, families, and couples. They offer various youth programs, which include Project Positive, a program which utilizes journals to strengthen emotional intelligence and coping skills, and an Alcohol Awareness program for minors. Victims of crime and traumatic events are also helped at The Counseling Place. It is estimated that this agency serves over 3,000 individuals and families every year. The work of the counseling team can get intense and very stressful. The agency's director, Deborah Dodds, mentioned to the Community Outreach Committee that she wished she had a way of saying thank you to her counselors during stressful experiences. To grant her request, Altrusa presented the director with a bouquet, which included over \$125 in gift cards. The Community Outreach Committee hopes that this gesture will show the counselors how much the Richardson community appreciates the work they do every day!



Jane Tucker and Gloria Sandoval (pictured center and right) deliver flowers and gift cards to Deborah Dodds, Director of The Counseling Place (pictured left)

A GOOD DEED Brightens a Dark World



## Community Initiative Program Donation to Safe Haven

by Jane Tucker, Co-Chair Community Outreach

The Crime Victim's Rights Movement gained momentum in the 60's and 70's and the United Nations adopted a resolution in 1985 which established basic principles to protect victim's rights. Since then, the City of Richardson, Richardson Police Department, and The Counseling Place have felt our community should establish programs that go above and beyond what is necessary by law to help victims of violence and crime. Safe Haven, a program which has come out of this effort, provides funds for temporary emergency lodging for victims of violence or crime.



(Pictured I-r) Deborah Dodds, Director of The Counseling Place, is presented a check for \$500 by Altrusa's Community Initiative Program Chair, Bonnie Perry.

This year, the Altrusa members of the Community Initiative have Program been collaborating with, Richardson's Chief of Police, Jimmy Spivey, on how to best serve the needs of the Richardson community. Both he and our Altrusa club agreed we should continue to help fund the Safe Haven program. It is for this reason the Community Outreach Committee has donated \$500 to the Richardson Police Department's Safe Haven Program. Our donation will help enable community agencies to

continue providing "safe" lodging to victims of violence or crime who are in imminent danger.



### Seniors Committee Donation to Northlake Choose Kind Library by Jane Tucker, Co-Chair Community Outreach

As part of the Kindness Action Ninja Activities, Northlake Elementary School Librarian, Lyndsey Theobald, read to her students the book *"Wilfrid Gordon McDonald* 



Partridge" by Mem Fox. This book tells the story of a small boy who enjoyed visiting with his elderly neighbor, Miss Nancy Alison Delacourt Cooper. One day, he heard his

parents talking about Miss Cooper losing her memory so

he asked "what is a memory?" His father responded, "It is something you remember." The rest of the book tells about Wilfrid trying to recreate memories for his elderly friend Miss Cooper.

The school librarian thought this would be the perfect book to help her students better understand seniors with memory challenges. Unfortunately, the Northlake library only had this book in Spanish. To say thank you for their support of Altrusa and their enthusiasm for becoming involved in activities helping seniors, the Seniors Committee bought the Northlake Choose Kind Library the English version of this wonderful book.

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Retention Committee April Lunch Bunch by Laura Trainor-Collins

The April Lunch Bunch celebrated Altrusa's 100th Anniversary and Add an Altrusan Day with a wonderful turn out at Into My Garden Tea Room in Plano on April 11<sup>th</sup>. We had 26 Altrusans and guests in attendance. The food was delicious and we had a wonderful time celebrating the 100 Year Anniversary of Altrusa International.







Foundation Trustees continue to research donations from the Carolyn Swanson Memorial Fund to honor the memory of Carolyn, her passion for pets, and recognition of Altrusa Richardson in the community. The latest donation is 6 Pet Respirators Kits, one for each of the 6 Richardson Fire Stations.

**CR SO** 

Ability House Committee THANK YOU! by Genevieve Hamulak

Ability House Committee = Outstanding!

A heartfelt 'Thank You' to all of the Ability House committee members this past year 2016-2017.

Each of you who volunteered to plan parties created colorful, happy celebrations. We had balloons and pretty gift packages, along with cake, ice cream and soft drinks, accompanied by a rousing chorus of the 'Happy Birthday' song. Every one of you who showed up on those Saturday afternoons to bring cheer to the Ability House residents created a warm atmosphere and lovely memories. You are so very much appreciated.



### DALLAS WOMAN'S FORUM - 2017 HOLIDAY TEA



### DECEMBER 9, 2017 AT 12 NOON ALEXANDER MANSION IN DALLAS

Capture the joy of the holidays with an afternoon tea, enjoy the historic

C.H. Alexander Mansion when it is transformed into a tearoom with elegant decorations, sweets and treats, tea and sparkling champagne. This is a lovely event and perfect for daughters, granddaughters, friends and family. Proceeds benefit Birdie Alexander Elementary School, Landauer Child Care, Alley's House and The Alexander Mansion.

### CATERED BY THE CHOCOLATE ANGEL, TICKETS \$50 (TEA, CHAMPAGNE, & GRATUITY INCLUDED)

WE HAVE 50 TICKETS RESERVED FOR OUR CLUB. ALTRUSANS PLEASE SIGN UP ON WILD APRICOT, INCLUDE YOUR GUESTS AND GIVE YOUR CHECK, MADE PAYABLE TO <u>THE DALLAS WOMAN'S FORUM</u>, TO LAURA TRAINOR-COLLINS. THE DEADLINE IS JULY 31, 2017. THE MANSION OPENS AT 11AM FOR SHOPPING WITH THE VENDORS ON THE SECOND FLOOR OR YOU CAN TAKE A MANSION TOUR.



### Member Recruitment Welcome Our Newest Altrusans

At the May 4<sup>th</sup> Business Meeting, we initiated our two newest Altrusans, (pictured below I-r) Julie Pan and Rosemary Gouger. We are excited to have your talents enhance our club!



International Committee HELPS Scholarship by Freda Hanley

As part of our international outreach, the International Relations Committee funds school scholarships for two young people on an annual basis. One of the scholarship recipients is Senayda Medina. Cheryl Weeks-Rosten of HELPS International Education wrote "I am grateful for your role in providing a quality education for a child in rural Guatemala. Thank you for your support of the HELPs school and the children of Santa Avelina. In one corner of the world, you are making a big difference!" Altrusa of Richardson's efforts in fundraising through our Outstanding Women of Today luncheon allows us to have a real impact on others - locally and internationally.



A beautiful picture of Sendaya

**CR SO** 



### Senior Committee Update Auction at Atria Assisted Living in Richardson Lynn Solomon, Senior Committee Co-Chair

On April 25, 2017, seven Altrusans facilitated the auction at Appletree Court Assisted Living in Richardson. This auction is held each Fall and Spring. There were approximately 40 residents in attendance! It is such fun watching them bid against each other to spend their "Apple Bucks"! The majority of the auction items for Appletree Court are purchased out of the Senior Committee's budget; however, some very popular items were donated. A big thank you to those Altrusans who donated to the auction. Gloria Sandoval did a fantastic job as our auctioneer!

Thanks to the following Altrusans who volunteered their time for this event: (pictured below I-r) Ann Eisemann, Coralie Miller, Pat Hanson, Gloria Sandoval, Lynn Solomon, Dean Burroughs, and Dena Davis.



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Altrusa International News Centennial's "100 4 100" Challenge Results

Results of Participation by Richardson Altrusans: Each Member Give 100 Pennies \*\* You donated \$116.00 Give 100 books to the People in your Community \*\* You donated 3.645 books

Give 100 or more Hours of Service"

\*\* 36 of you did so; of those 2 exceeded 2,000 hours/person and 4 others reported over 1,000 hours/person

District Membership Challenge

\*\* Our club added 16 new members

### Altrusa International of Frisco Annual Meeting

by Kimberly Kierce

On May 9, 2017, Altrusa International of Frisco, Inc. conducted its Annual Meeting in which the President gave her Annual Club Report and officers were installed. President Roslyn Rood presided over the meeting and efficiently conducted the Club and Foundation Board Meetings and Business Meetings - all in one night!

Kimberly Kierce conducted the installation ceremony for the 2017-2018 Frisco Board of Directors using the Altrusa Keys but using different words to represent the qualities which are key to performing the duties of each office:

> Application (for Immediate Past President), Leadership (for Director), Thoroughness (for Secretary), Reliability (for Treasurer), Understanding (for Vice President), Steadfastness (for President Elect), and Administration (for President).

A few Board members were unable to attend the meeting so there were a few stand-ins serving as proxies (see photo). President Roslyn Rood gave her annual report and it was amazing to hear all the great things this new club has accomplished in its first year. The gavel was then passed on to incoming President Cyndi Schrob, who shared her thoughts and goals for the new club year. Frisco has excelled at providing service to its community in a variety of creative ways and we look forward to seeing more great things from this vibrant club.



(pictured I-r) Roslyn Rood, Deborah Hecht, Neil Rood, Meg Muller, Bobbi Klein (filling in for Karyn Heine), Danielle Heck, and Cyndi Schrob



(pictured I-r Kimberly Kierce, Roslyn Rood, and Deborah Hecht)



Thank you Richardson Altrusans, June, 2017 Club Immediate Past-President By Nancy Rohm

Richardson Altrusans,

**Thank you** for all your support you gave me as I represented you as your president this past year. You made so many things happen including an incredible amount of Service! Additionally, you took care of many housekeeping tasks: a new Strategic Plan for use the next 3 years, Club Policies and Foundation Policies updated, Written Descriptions for both Board Member Positions and for Club Chairs/Co-Chairs, and Written Mentoring Guidelines. You sent a full complement of Delegates to Conference and you will do the same for convention.

Thank you for the Celebrations, Nancy Rohm

