

Your latest news in a flash!

Altrusa Tidings eNEWS Edition Jan/Feb 2016



2015-2016

Board of Directors

President

Cindy McIntyre

President-Elect

Sue McElveen

Vice-President

Dena Davis

Recording Secretary

Nancy Crowe

Corresponding Secretary

Courtenay Tanner

Treasurer

Bonnie Perry

Directors

Donna Buhr

Jane Merz

Rose Daughety

Cindy Murray

Immediate Past President

Gloria Sandoval

Parliamentarian

Brenda Boston

What's happening with Altrusa Richardson? Check out our Calendar online and sign-up!

Presidents Message

It's early on the morning of January 2, 2016. The house is quiet. Soon families will be packing to travel back home. It's time to box up the decorations, clean the house and pay the bills.

There is always a cost to sharing ourselves.

Sometimes you have photos, but often no one thought to grab the camera or the phone. The

bustle and fun of the holidays is past. But the memories are priceless; never again will there be two five year olds and a yearling to fill our stockings with joy. You can't stop time, but you can savor the moment.

So it is with our Altrusa club. We roll from meeting to meeting, event to event, or in my case, agenda to agenda! If we took the time to broaden our perspective we would see the entirety of what we do and, more importantly, the impact we have on others – Altrusans and neighbors.

Let's make 2016 the year Altrusa Richardson went bold – thought big – and dreamed even bigger. Every member can bring something to the table. So bring your ideas and your contacts to business meetings. Bring neighbors and co-workers to dinner programs. We are smart resourceful women. We help our community in many ways! Yes we do, but might we do more?

I believe the key is making our presence known, making our visions broader, and exposing more caring people to our mission. We don't need a bigger club to accomplish this goal. In bigger groups, we tend to think someone else will step up. This year, each of us needs to do more than she's done in the past. Let's not coast; let's be a



roller coaster!

One of our smart members posted this on Facebook.

"Whatever you do or dream you can do – begin it. Boldness has genius and power and magic in it". Johann Wolfgang von Goethe

Cindy McIntyre
President, 2015-2016

altrusaprez@gmail.com

Altrusa Rejoins; Community Gains

Nominating Committee Report

SLATE OF OFFICERS FOR 2016-17 ANNOUNCED

By Dena Davis, Nominating Committee Chair

This slate is being proposed to the membership of Altrusa International of Richardson, Inc. by the Nominating Committee: Dena Davis, Chair; Norma Hammerlund, and Sandy Martin.

Club Board of Directors:

- President: **Nancy Rohm**
- President-Elect: **Sue McElveen**
- Vice President: **Gerry Carron**
- Admin Treasurer: **Jean Stuart**
- Recording Secretary: **Susan Long**
- Corresponding Secretary: **Christine Hart**
- Directors: **Brenda Boston, Ginger Tonne**

These Club board positions are not subject to election:

- President **Cindy McIntyre** becomes Immediate Past President.
- Directors **Donna Buhr** and **Jane Merz** will serve the second year of a two-year term.

Foundation Board of Trustees:

- **Cindy Murray**
- **Bonnie Perry**
- **Mimi Tanner**

Returning Trustees not subject to election:

- **Julianne Lovelace**
- **Kimberly Kierce**
- **Bobbi Klein**
- **Carolyn Swanson**

In addition to the proposed slate, nominations from the floor for

each office in the election will be accepted at the February Business Meeting. Please be sure you have the permission of the person you nominate.

Here are the procedures from the bylaws and policies concerning the election, which will be held at the business meeting on **March 3, 2016.**

Club Bylaws

Article XIII. Election of Officers and Directors

Section 1. Election

(a) All Officers and Directors, except the Immediate Past President, shall be elected by ballot at a regular business meeting in March and shall be installed so as to take office on June 1, and shall serve for one (1) year or until their successors are elected and installed. In the event there is only one nominee for a position, the Secretary may be instructed to cast the ballot. Officers and Directors of a newly organized Club shall serve until the 31st day of May following such organization, except that Officers and Directors of Clubs organized after January 1 and before June 1 may serve until one year from the next June 1.

(b) Any candidate who shall receive a majority of all valid votes cast shall be declared elected. In the event there shall be more than two (2) candidates for any one position, and no candidate shall receive the majority of all valid votes cast on the second ballot, the candidate receiving the least number of votes shall be eliminated from each succeeding ballot.

Club Policies

3. The Slate of proposed officers will be finalized and signed off by the entire committee participating in the decision and presented to the current Club President, President-Elect, Recording Secretary and Newsletter Editor as soon as known but no later than the January board meeting. (08/04,9/06,12/08)

4. Notification of absentee voting will appear in the February newsletter at least 28 days prior to the election. Members in good standing (dues and fees paid) wishing to vote absentee should then request an absentee ballot from the Chair of the Nominating Committee. Absentee ballots must be returned to the Nominating Committee Chair no later than the day before the election. All ballots must contain the member's printed name. Absentee ballots received the day of the election will not be counted. (1/99) A member may request an absentee ballot be sent via email, but it will be the responsibility of that member to verify that the Nominating Committee Chair received the member's vote by return email. The email must contain the member's name that is voting. (1/99, 08/04, 12/08)

Education Committee Report

Teddy Bear Time Kicks off another series

By Kimberly Kierce



Education Committee Members volunteered to conduct Teddy Bear Time in the Fall of 2015 for an 8-week program offering enrichment exercises for pre-K students to get a head start on their elementary education at Terrace Elementary School.



The 2016 Winter series of Teddy Bear Time is kicking off in January 2016 and volunteers are needed. Sign-up online!



Four volunteers are needed each Wednesday to facilitate each session.



Teddy Bear Time is wonderful program to encourage literacy among our youth. Sign-up today!

Leadership Development Committee Update

Leadership Development Hosts "Effective Communication" Luncheon

By Sarah Nesbit, Leadership Development Co-Chair

The Leadership Development Committee hosted the 2016 luncheon at Canyon Creek Country Club on Saturday, January 23, 2016. Committee Co-Chairs **Liz Luthans** and **Sarah Nesbit** along with long-time committee member **Bonnie Perry** produced a program on "Becoming a More Effective Communicator" as suggested by President Cindy McIntyre.



The speaker was Stacy Hollowell, ABC, a communications strategist with an MBA in Strategic Leadership from the University of Dallas, spoke to twenty-nine (29) members about Three Rules for Effective Communication. Both the handout provided at the luncheon and the presentation will be posted on our website for reference.

The reminder about Active Listening seemed to really resonate with the members – "The biggest communication problem is we don't listen to understand. We listen to reply." A graphic with this statement can be found in the presentation slides (see link below).

[Three Rules for Effective Communication Presentation 2016-01.pdf](#)

[Three Rules for Effective Communication Sheet 2016-01.pdf](#)

Membership Update

Altrusa Richardson Supports HASR

On November 17, 2015, Altrusa Richardson came out to support our nominees for the 2015 Helping Agencies Serving Richardson (HASR) Volunteer of Year Awards Luncheon. Nominees were (seated L-R) **Bobbi Klein, Donna Buhr, Ginger Tonne** and **Barbara Berthold**.



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