

President's Message

Kimberly's Adventures

Defining Moments are those times in our lives in which the direction of our journey was forever changed. What is your defining moment(s)? The birth of a child or grandchild? The excitement of a proposal or wedding day? The acceptance of a job offer or award of recognition? All these things, and so many more, define a moment in our life that significantly changed who we are.

As I reflect on the month of August (my birthday month), I am reminded of my “defining moments”. I had set a goal that I would see Italy by the time I was 30 years old. At the age of 29, my goal was rapidly slipping away from me as I had not yet seen Italy and not even made plans of such a trip. I feared my 30th birthday would pass me by... as would Italy. But, as is my nature, I overcame my obstacles and six days before my 30th birthday I was on a plane and landed in Rome. On my 30th birthday, I awoke this beautiful morning in the breathtaking town of Assisi. This became a defining moment for me as I realized life is about the moments you make happen. Since that birthday in Italy many years ago, I have spent every birthday since then on an adventure away from home. My adventuresome nature has taken me many places to see many amazing things and meet many amazing people. That is what Altrusa is all about.

Altrusa is a way of life that many people do not have an opportunity to experience – but, as an Altrusan, you have been given the gift! The gift to reach out to others, locally and internationally, with your time, talent, and passion. So, this month, my birthday month, I want to pass along a reminder of The Gift you have been given to share with others. And as you reflect on your defining moments, make this the year to also be adventuresome in your own way and make a new defining moment for yourself – life is about the moments you make happen!



Kimberly's Alaskan Adventure.
More photos in Member Highlights on page 12.

Discover Altrusa!

Kimberly D Kierce
2012-2013 President

Discover Altrusa: Your Passport to Adventure

2012-2013

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What's Inside?

President's Message	1
Project Preview	2,7-9
Project Report	5
Committee Report	3-6
Board Actions	6
Meeting Preview	9
Meeting Report	11
Club Calendar	15-16
District Nine News	13
International News	14
Int'l Foundation	14
Altrusa Accent	13
Member Highlights	10-12
Int'l Youth Day	13
New Members	10-11
OWT News	3

OWT Committee Report

NEW CHANCE TICKET ITEM ANNOUNCED; SPONSORS, UNDERWRITERS NEEDED

By OWT Worker-Bees



OUTSTANDING WOMEN OF TODAY (OWT) is a distinguished honor for professional accomplishments. Women are nominated for exemplifying determination, innovation, and making an outstanding contribution in their chosen careers. They are recognized and applauded for making a difference for the future of women and providing leadership in their fields. Companies, organizations, and individuals may nominate women in one of six categories: small business (less than 50 employees), education, government, nonprofit, corporate and Outstanding Woman of Tomorrow (any woman under 35 in any of the above fields).

Nominations

Chairs of the Nominations Committee, Courtenay Tanner and Janie Jaquier, have collected what appears to be a record-setting number of nominations—well over 30! Brenda Moreland is preparing the nominees' (redacted) information for the judges, and we will find out who the honorees are on Friday, October 26.

Attendance

You are planning to attend our big fundraiser, right? Feel free to invite a few friends! Here is what a couple of "first-timers" said about the 2010 OWT Luncheon:

Sandy Martin: "Outstanding Wonderful Time" says it best. Speaking from a new member's viewpoint, who just attended her first OWT luncheon, I was SO impressed!!! Wonderful job, ladies!"

Toni Garrett: "This was my first OWT. I had organized the nomination of my boss, Kerry Gain, by my team at Region 10. There were eight of us at OWT. It was such a well-done event. I was extremely proud to be an Altrusan and so glad we nominated her. She was so excited and proud to be nominated and she sent us an email thank you Friday afternoon, thrilled to be in the company of so many accomplished disruptive women! Thanks so much to everyone for a team effort to put on a wonderful community event."

Chance Tickets

Jane Tucker of the OWT Chance Tickets Committee says that Leland Baker (Leland's Gold and Diamonds) has donated a lovely gold pendant. Pearls are making a huge comeback and this is a style that will fit many lifestyles and personal shapes. It is a good one-size-fits-all look! The tear-drop style cultured pearl is set in 14kt white gold with four round brilliant-cut diamonds on a 20-inch 14kt white gold chain; it has a value of \$625.

The previously announced one-week stay at Chris Simmie's lodge outside Edinburgh, Scotland, is valued at \$1,400. See www.corrydonlodge.com.

Chance tickets will sell for \$10 each or 3 for \$25. You do not have to be present to win. We will start selling as soon as the tickets are printed. Club members will be issued packets of tickets to sell.

Sponsorships

- ◇ Altrusans do great things for our community, through both volunteer hours and grants.
- ◇ Our projects and those grants are all made possible by the funds raised ONLY by the Outstanding Women of Today Luncheon.
- ◇ OWT cannot raise the money we need without sponsors.

If you know a potential sponsor, please pass that information on to Toni Garrett or Jean Stuart. And let us know if you have taken a sponsorship packet to a potential sponsor so we can follow up on that.

Reservations

The OWT luncheon will be set up as an event on our website. In early October, you will be asked to make your reservations online and pay with a credit card—no PayPal account required, of course. Reply cards and checks will still be accepted, but electronic registration and payment are easy, quick, and accurate—and they simplify life for the Reservations Chair and the Treasurer!

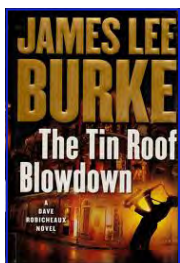


Project Preview: Membership Retention Committee

AWCLS TO DISCUSS *THE TIN ROOF BLOWDOWN* IN AUGUST

By Kay George, Altrusa Wine and Chocolate Literary Society

Thanks to Norma Hammerlund for leading the July discussion of *Before You Know Kindness* by Chris Bohjalian for the Altrusa Wine and Chocolate Literary Society (AWCLS). For ten summers, the Seton family—all three generations—met at their country home in New England to spend a week together playing tennis, badminton, and golf, and savoring gin and tonics on the wraparound porch to celebrate the end of the season. In the eleventh summer, everything changed. A hunting rifle with a single cartridge left in the chamber wound up in exactly the wrong hands at exactly the wrong time, and led to a nightmarish accident that put to the test the values that unite the family—and the convictions that just may pull it apart. A fascinating book and equally fascinating discussion. In keeping with our adoration of all things chocolate, Susan Fischer provided a bottle of chocolate wine and we all joined together in a toast to the AWCLS.



Jan Skinner will lead the August discussion of *The Tin Roof Blowdown* by James Lee Burke. Mr. Burke is the winner of two Edgar Awards, author of 26 novels, and two collections of short stories, including several **New York Times** bestsellers. In the waning days of summer, 2005, a storm with greater impact than the bomb that struck Hiroshima peels the face off southern Louisiana. As the novel begins, Hurricane Katrina has left the commercial district and residential neighborhoods awash with looters and predators of every stripe. The power grid of the city has been destroyed, New Orleans reduced to the level of a medieval society. There is no law, no order, and no sanctuary for the infirm, the helpless, and the innocent. In the midst of an apocalyptic nightmare, Detective Dave Robicheaux must find two serial rapists, a morphine-addicted priest, and a vigilante who may be more dangerous than the criminals looting the city. In a singular style that defies genre, Burke has created a hauntingly bleak picture of life in New Orleans after Katrina. Filled with complex characters and depictions of people at both their best and worst, *The Tin Roof Blowdown* is not only an action-packed crime thriller, but a poignant story of courage and sacrifice.

The Altrusa Wine and Chocolate Literary Society meets at Friends Place Adult Day Services, 1960 Nantucket Drive in Richardson, at 6:00PM on the 4th Monday of each month. Even if you don't have a chance to read the featured books, we hope that you will join us for a great time of fun, fellowship, discussion, and sharing.



Marsha Peters, Genevieve Hamulak, Kay George, Susan Fischer, and Pam Kovacs prepare to discuss *Before You Know Kindness*.



The Richardson City Council congratulates Altrusa for its 44 years of continued service in our community.

Council Members standing from left to right: Steve Mitchell, Amir Omar, Scott Dunn, Kendal Hartley and Mark Solomon. Seated: Mayor Bob Townsend and Mayor Pro Tem Laura Maczka.



Committee Report

ABILITY HOUSE RESIDENTS AND ALTRUSANS HAVE REASONS TO CELEBRATE!

By Barbara Cornelius, Ability House Committee Co-chair

Ability Connection Texas (ACT) provides caring, family-style living environments for adults with disabilities through its residential services program. One of the seven group homes operated by ACT is Ability House, which is home for six adults with Cerebral Palsy. Our Club adopted Ability House in 1995. Altrusans visit the residents to celebrate birthdays and holiday, usually on Saturday afternoons; we bring cake, beverages, and a gift from the Club. Residents enjoy our company and all members are encouraged to attend. To learn more about ACT, go to: <http://www.abilityconnectiontexas.org/>

ACT's residential homes are staffed 24 hours a day. When residents are home, at least two care professionals are there to assist residents with personal care activities such as feeding, bathing, and personal hygiene. During sleeping hours, at least one care professional is awake and on duty. ACT's care professionals also clean and maintain homes, cook meals, and provide personal assistance based on each resident's needs and abilities.

This year was our first celebration of the Caregivers at Ability House. These caregivers are passionate, caring individuals who devote their skills, time and loving care to our friends at Ability House. We are thankful for them today and every day. On June 9, ten of the 13 caregivers who work at Ability House were able to attend a celebration in their honor, along with ACT Chief Operations Officer Becky Adams, President and CEO Bill Knudsen, plus Altrusans, Kimberly Kierce, Barbara Cornelius, Bonnie Perry, Mimi Tanner, Janie Jaquier, Ginna Coffey and Jo Leeper. (Picture at right.)

Kimberly gave a wonderful, heartfelt "Thank You" and we celebrated with cake, cards and a gift of bracelets for the women and key chains for the men made by Jan Skinner using beads donated by the International Committee from their "Bead for Life" project. Bead for Life is a Colorado-based nonprofit organization that works to eradicate extreme poverty in Uganda.

Bill Knudsen always expresses his gratitude for our Ability House projects: "On behalf of the Ability House team members – thank you very much for their appreciation party on June 9th! They all enjoyed the refreshments and gifts – but most of all they appreciated the praise and recognition they received from the Altrusa ladies."

On July 21, we celebrated Roberto's birthday. Bill wrote, "Roberto was so "up" for his birthday party that he almost blew the cake off the table when he blew out the candles. He loved his card, Camp Summit t-shirt, the two ball caps and the 25th gift card!" (Pictured middle.)

Bill Knudsen and Becky Adams recently discovered that the exterior walls of the freezer at Ability House were hot to the touch and the motor was struggling. Ability House Committee Co-Chairs Jan Skinner and Barbara Cornelius worked on the budget and found we would be able to donate \$400 toward a new freezer. Kimberly, Barbara, Gina, Janie, and Bobbi presented a "big check" to Bill on July 9.

Bill said, "On behalf of Shelly, Vera, Roberto, Nina, Kathleen and Robert - & all of us at Ability Connection – thank you very much for the \$400.00 donation to help secure a new freezer for Ability House!"

"We greatly appreciate your continuing friendship with the Ability House residents—and your wonderful support of our efforts to help people with disabilities as they strive to achieve their highest level of independence!"



Project Reports

SENIORS COMMITTEE TIES ONE ON, MOVES BOOKS ALL AROUND TOWN

By Gloria Sandoval, Committee Co-chair

June was a busy but successful month for Senior’s Committee projects. June is the month to honor Father’s all over the United States. In Altrusa’s little corner of the community, on Friday, June 15th, at Friends Place Adult Day Services, fathers were honored with a fun celebration, “Tie One On for Father’s Day”. Everyone in attendance, including the ladies, was given a man’s tie to wear. Delicious hamburgers and hotdogs with all the fixings were served to all Friend’s Place clients and families. Classic cars from various car clubs were displayed on the parking lot and for those that didn’t want to venture outside for too long in the heat, classic model car races were held on the back patio. Altrusans played a major role at this fun event for fathers. Carolyn and Ernestine Swanson shared the duty of putting food plates together for the 80-90 people attending. Sandy Martin, Gloria Sandoval, Genevieve Hamulak and Mimi Tanner helped serve the food plates or escorted Friends Place clients to either the classic car show or the model car races. Tie One On for Father’s Day was a huge success and Friends Place owners, Pam and Jane Kovacs, said Altrusans made the whole event a lot easier.



Ernestine Swanson learns about vintage automobile.

Located on Nantucket Drive near Campbell Road in Richardson, Friends Place is an Adult Day Center dedicated to providing specialized programs for individuals with Alzheimer’s or other dementias, enabling them to maintain a life of dignity, meaning, and purpose, while remaining as independent as possible

June 30th found Altrusa Book Movers, Brenda Duckett, Susan Fischer, Kay George, Gay McAlister, Marsha Peters and Gloria Sandoval, doing the quarterly Richardson Public Library Book Rotation. This book rotation was the easiest ever! The Exchange Club of Richardson, a local service organization, has joined forces with Altrusa Richardson in this major community event. They were wonderful! The Exchange Club will be doing all the manual work involved. The Senior committee was considering relinquishing this project to another service organization because loading and unloading the heavy crates of books from our automobiles had become a challenge for the Altrusa Book Movers. It is hard to give up a project Altrusa has been doing since the beginning of the program, but now with the men of the Exchange Club involved, we can continue to be the Altrusa Book Movers. Since it was time to inventory all the books at all the participating senior living facilities, the mission of the Book Rotation on June 30 was to pick up all books and return them to the library.



Debbie Simms, car-hop, admires pristine old Chevy.

On July 28th new books were delivered to senior facilities that have signed up for the Richardson Public Library Book Rotation program. The Richardson Men’s Exchange Club again provided major assistance. Altrusans who helped were Sandy Martin, Pam Kovacs, Gloria Sandoval, Kay George, Gerri Carron, Julie Horan, Marsha Peters, Genevieve Hamulak, Debbie Simms, and Kimberly Kierce.



Pam Kovacs guides client through classic car display.

BOOKS

+

MOVERS

=

BOOKMOVERS!



Committee Report

EDUCATION, INTERNATIONAL RELATIONS COMMITTEES MEET TEACHAITI FOUNDER

Jane Tucker and Barbara Berthold

On June 13, Barbara Berthold, Linda Korn, Ann Payne, Jane Tucker, and Holly Baxter attended a fundraising meeting to learn more about TeachHaiti and to meet its founder, Miquette Denie. The ladies attending were from the Education Committee and International Relations Committee and Holly Baxter, who teaches fourth grade at Terrace Elementary School. The event was held at the Fellowship Bible Church in North Dallas and guests were treated to a lovely buffet dinner and given the opportunity to either buy or bid on numerous items that had been handmade by the children attending the School of Hope in Port-au-Prince, Haiti.

The event was intended to enlighten interested attendees about the school system in Haiti and the urgent need to develop educational opportunities for its children. In Port-au-Prince, there are 65,000 people per square mile as compared to the Dallas-Fort Worth area where there are 635 people per square mile. The families in Haiti must pay a monthly fee for their children to attend school and if that money is not received the child is not allowed to attend school until the money is paid. Haiti is the poorest country in the western hemisphere with the average adult income only \$900 a year. It is easy to see why only 50% of its children are enrolled in school and why only 45% of Haitian adults are literate. We learned that in most households it is the children who can read that convey written correspondence or legal documents to their parents. We learned that only 1% of children in Haiti get an opportunity to go to college.

In 2007, founder Miquette Denie organized TeachHaiti by forming it as a 501(c)(3) organization and raised enough money to send ten children to school at a cost of \$350 per student. This past year fund raising has been successful enough to allow 100 students to attend the School of Hope and also sponsor 140 other students including three college students at various schools in Port-au-Prince and St. Michel. The current goal is to add a school grade each year at The School of Hope until they have a complete kindergarten through 12th grade school.

In addition to the educational opportunities, the school also furnishes one meal a day, which for most of the children is the only food they receive all day. She also has two physicians who volunteer their time to tend to the health issues of the children and their families at no charge. The school also teaches craft skills to its students. Starting in third grade, the students crochet dollies and oil paint lovely landscapes. The children in middle and high school come in on Saturdays to make jewelry and carve wood. The money that is made from these crafts goes into a fund for the student's college education. Miquette Denie feels it is important to teach the children practical skills they can use as a means of earning a living while they are getting their education.

It was very inspiring to listen to Miquette talk about her love of Haiti and its people and her vision to educate the people as a means of bringing them out of poverty. To her, education is the key to Haiti's future and it starts by helping one child at a time. The passion for education and the belief that education brings about a better future is what Miquette and Holly have in common. Holly spearheads Altrusa's pen pal project. Her 4th graders have been exchanging letters with 4th graders in Haiti, hoping to learn more about the country and its culture. It was wonderful to observe how easily the two connected and how Miquette's eyes lit up when Holly gave her the bookmarks and friendship bracelets that her students—supported by Altrusans Linda Korn, Elizabeth Smith, and Barbara Berthold—had made for her to take to Haiti hoping to make new friends. Personal relationships are essential building blocks to fostering cross-cultural understanding. Last month, we laid the foundation.



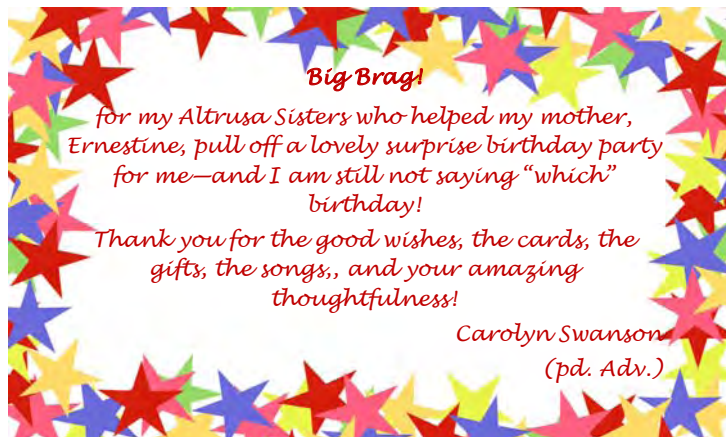
Bookmarks made by Terrace Elementary 4th-Graders (top); arts and crafts created by students at School of Hope in Haiti (two lower photos)



(L-R) Barbara Berthold, Ann Payne, Miquette Denie, Holly Baxter, Linda Korn, and Jane Tucker meet at fundraising event for TeachHaiti.

BOARD ACTIONS

- ◇ Appointed ad hoc committee to get pricing for possibly two banners (“Altrusa Volunteers” and “Sponsored by Altrusa Richardson”) for use during our projects
- ◇ Discussed backup of club data from laptops and website
- ◇ Clarified that two August Fundraisers will be for Foundation as they required 501(c)(3) status to participate. Also, brainstormed opportunities for Administrative Budget fundraising



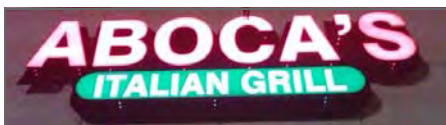
Project Preview

LUNCH BUNCH AUG. 22 AT ABOCA’S

By Ann Eisemann

The Membership Retention Committee would like for you to be part of the Lunch Bunch!

Our next quarterly Lunch Bunch meeting will be at Aboca’s Italian Grill (100 S. Central Expressway #63 in Richardson; southwest corner of Belt Line Road and US75) at 11:30 am, on Wednesday, August 22. Please let Ann Eisemann know by Monday, August 20, if you will be able to attend. Or you can register on our website!



Committee Report

SMALLS DINNERS LOCATIONS ANNOUNCED

By Bobbi Klein

If you have never been to a SMALLS Dinner, you have missed out on a lot of fun. We meet around 5:30 on the second Thursday of the month. Some of us have dinner (and some don’t), but we all chat and laugh and have a good time! Our locations for the rest of the year are:

August	Marcus Café	2701 Custer Parkway 75080
September	Casa Milagro	1403 E. Campbell Rd 75081
October	Hoffbrau Steaks	7601 Campbell Rd 75080
November	Aboca’s (BYOB)	100 S. Central Expy 75080
December	Rockfish	7639 Campbell Ro 75080
January	Humperdinks	1601 N. Central Expy 75080
February	Main Street Bistro	3600 Shire Blvd. 75082
March	La Madeline	1320 W. Campbell Rd 75080
April	Pappadeaux	725 S. Central Expy 75081
May	Frankie’s	2701 Custer Pkwy 75080

Project Preview: Foundation Fundraiser

FOUNDATION TO BENEFIT FROM SALES

You can help support our Foundation by SHOPPING! Yes, SHOPPING for amazing clothes! Please join us on Friday, August 3, 2012 any time between 8:00 am - 8:00 pm to shop for fabulous clothes at discounted prices and.... Our Foundation will get 10% of all sales that mention Altrusa Richardson.



Summer Sale  OVER 15,000 PIECES

Sharon Young ■ a la carte ■ City Girl
Sizes 2-18

MULTIPLES

Petite, Misses, Plus Sizes 14W-24W



- Dresses & Jackets _____ \$60
- Tru Luxe Jeans _____ \$50
- Skirts, Pants & Blouses _____ \$40
- Sweaters & Vests _____ \$40
- Sleeveless Tank Tops _____ \$20

August 2, 3, 4

Thursday - Friday 8am-8pm & Saturday 8am-5pm




Located, Behind Our Corporate Offices:
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Dallas, TX 75238**



NO CHILDREN UNDER 12 - NO MEN

If you have questions or need a map please contact us via:
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 /LadiesDesignerBrandWarehouseSale

Project Preview

ORIENTATION/RE-ORIENTATION WILL BE SEPTEMBER 8

Calling All Richardson Altrusans!

The destination is the Fall Orientation for Newer Members and Re-Orientation for our more Seasoned Altrusa Travelers.

Whether you are just beginning your Altrusa Adventure or have tour guide rating, there's something here for you.

And don't forget to share the fun with someone else who is looking for adventure!

**Your Port of Call is
2503 Springwood Lane
September the 8th**



Itinerary:

- ◇ **9:00 am to 9:30 am** *Breakfast buffet will be served* -- Time to mingle with your fellow travelers
- ◇ **9:30 am to 10:00 am** *Get to Know you Mixer*—More time to mingle with your fellow travelers
- ◇ **10:00 am to 11:30 am** *Get to Know More about the Altrusa Adventure*—With stops for information and hands-on projects—Time to find out more about Altrusa Richardson

All Aboard for Altrusa! Your passport to Adventure!

Project Preview

ANNUAL BOOK SWAP/POTLUCK DINNER/POOL-LESS POOL PARTY IS AUG. 25

Come one, come all! Our Annual Book-Swap Potluck Dinner Pool-less Pool Party will be held on August 25 in the Merz pool-less backyard. Clean off your bookshelves and pack up a few of your surplus books! Swap them for someone else's no-longer-needed books! And don' forget: BYOB and goodies to share.

This is a co-ed event with an air-conditioned house to retreat to. The party will be from 5:00–8:00 PM at the home of Jane Merz. Watch your email for reminders! This is another fun project brought to you by our Membership Retention Committee.

Your Business Ad Can Go Here!

An advertisement in *Altrusa Tidings* is a great way to spread the word about your services or products!

Ads are business card-sized; \$25 for one insertion, \$100 for six consecutive months.

Camera-ready content due by 15th of month; fee must be paid to Treasurer by third Thursday of month prior to publication.

Contact *Tidings* Editor for contracts and guidelines.

Your Big Brag Goes Here!

**Thank You...Celebration...Recognition...Achievement
Special Event...Award...Congratulations...Just Because!**

If you would like to share your big news in a big way, contact the Altrusa Tidings Editor about creating your colorful, attention-getting 3.5-in. x 2-in. message.

Only \$25 for a one-time personal brag! Deadline is 15th of month for content; fee must be paid to Treasurer by third Thursday of month prior to publication.

Meeting Preview

AUGUST 16 PROGRAM WILL BE “ADVENTURES ABROAD”

By Gay McAlister, Program Committee

Our August speaker is Australian-born Robbert van Bloemendaal who is president of Travel Leaders Rowlett, a franchise of Travel Leaders, based in Rowlett, Texas. The award-winning business was started 15 years ago and since then he has transformed it into a “virtual office” with some 30 agents located as far as away as Florida, New York, Washington and one in his hometown of Melbourne, Australia. Robbert has an engaging manner, a delightful sense of humor, and that awesome “Aussie” accent! He will share some attractions of New Zealand, location of the 2013 Altrusa International Convention, as well as reasons to drop by Australia (if you happen to be in the neighborhood).



Project Preview: Foundation Fundraiser

OUR FOUNDATION TO BENEFIT FROM MACY’S “SHOP FOR A CAUSE”

Macy’s will partner with Altrusa International, Inc. of Richardson, Texas, to invite customers to participate in Macy’s seventh annual “Shop for a Cause” charity shopping event. Macy’s 2012 Shop for a Cause will take place on August 25, 2012; customers can purchase tickets now from Altrusa International, Inc. of Richardson, Texas for \$5 each. Macy’s Shop For A Cause is a unique one-day-only shopping event created to support local charities’ fundraising efforts, which have helped raised more than \$42 million for charities across the country since 2006.



“Giving back is a cornerstone of Macy’s culture, and through our annual Shop For A Cause program Macy’s has been able to raise more than \$42 million for local and national charities that are meaningful for our customers and associates,” said Martine Reardon, Macy’s chief marketing officer. “We are proud to offer our customers a simple way to make a positive difference in their communities while enjoying great savings at Macy’s. Our customers’ ongoing support is an inspiration, and we hope to continue making an impact for years to come.”

Macy’s has provided Altrusa International, Inc. of Richardson, Texas, with shopping passes to sell for \$5 each. The organization will keep 100% of every ticket it sells. The more tickets sold by Altrusa International, Inc. of Richardson, Texas, the more money it will raise!

By purchasing a shopping pass to the event from Altrusa International, Inc. of Richardson, Texas, customers support the local community and international projects of Altrusa Richardson while enjoying a day of spectacular discounts, entertainment, and special events. Pass holders will enjoy special discounts on most regular, sale and clearance purchases all day. (Some exclusions apply.)

Macy’s, the largest retail brand of Macy’s, Inc., delivers fashion and affordable luxury to customers at more than 800 locations in 45 states, the District of Columbia, Puerto Rico and Guam. Macy’s stores and macys.com offer distinctive assortments including the most desired family of exclusive and fashion brands for him, her and home. Macy’s is known for such epic events as Macy’s 4th of July Fireworks® and the Macy’s Thanksgiving Day Parade®, as well as spectacular fashion shows, culinary events, flower shows and celebrity appearances. Building on a 150-year tradition, Macy’s helps strengthen communities by supporting local and national charities that make a difference in the lives of customers.

For more information about Macy’s Shop For A Cause event, visit macys.com/shopforacause. Buy your shopping pass today!

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Member Highlights

NEW MEMBER JULIE HORAN

I was born and raised in the Midwest, living in Wisconsin, Ohio, and Pennsylvania. I graduated from Lake Forest College in Illinois with an English major and elementary teaching certification. I worked in an office in London, England for a few months before returning to the states and taking my first teaching job in Round Lake Beach, Illinois. After marriage to my husband, Joe, in 1970, we moved to the St. Louis area where I taught for 4 years. A job change for my husband brought us to Texas in 1975. I began my Texas teaching career in 1981, teaching 2nd and 3rd grades in Garland ISD for 22 years. I retired from teaching in 2003, but have stayed involved in education by mentoring new teachers in Garland, and tutoring 3rd graders in Garland and Richardson ISDs.

Joe and I have two children. David and his wife, Leigha, have three beautiful children, ages 7, 4, and 1. They are both attorneys and live in Lake Highlands. My daughter, Bridget, is the school counselor at Yale Elementary in Richardson ISD. My husband, Joe, does IT work for CVS/Caremark in Richardson.

Since retirement, I have taken classes in pottery, handwriting analysis, and Mahjong. I am in a bridge group and a book club with teacher friends. About five years ago, I started making beaded jewelry, which has led to my small business, *Julie's Gems*. I especially like to find one-of-a-kind beads and stones to work with. I also love to travel, garden, shop, and spend time with my grandchildren—not necessarily in that order!

I had been looking for volunteer opportunities when Gloria Sandoval and Pat Hansen suggested Altrusa. I have known my sponsor, Gloria, since her daughter was in my class in third grade. What intrigues me about Altrusa is the variety of activities and opportunities to volunteer. The warmth and friendliness of everyone I have met assures me that becoming an Altrusan will enrich my life and provide me an opportunity to give back to others.



Member Highlights

NEW MEMBER GINGER TONNE

I was born in Claremore, Oklahoma and am a diehard OU BOOMER SOONER FAN! As an only child raised by my grandparents, I was very fortunate to travel in my youth. At the age of five, I modeled children's clothes for my grandmother's line up to age 19. I began performing at the early age of seven in theatre arts and dancing. As a young adult, I was very fortunate to have lived overseas. My favorite place was Paris, France—the culture and at the time, I spoke fluent French. I studied in London at the Royal Academy of Dramatic Arts while there.

My husband Bob and I met at the University of Tulsa and married after we graduated. Bob has worked for over 20 years for American Power Conversion Company as a Senior Field Technician/Manager. We have lived in the Garland/Richardson area for over 23 years. We have two beautiful children, Grant and Alicia, and we are very proud parents. Grant is a supervisor at Plano Fry's Electronics in the department of Computers and printers and Alicia is a recent graduate of the University of Oklahoma and works at Tate Publishing Company in Oklahoma City. My pet, Roxy, is spoiled and a very loyal dog.

I worked for over ten years at the American Airlines Center in their Human Resources department. My last title was Senior HR Manager and I pretty much did all areas of HR for the Arena. I now work close to home for the Richardson Chamber of Commerce. My 22 years of volunteer work have all been in Richardson: RISD, Past President at both primary and secondary schools, Council of PTAs, serve on the RISD Board of Excellence in Education, graduate of Leadership Richardson and a member of Richardson Woman's Club and Richardson Altrusa. I love the Altrusa group of caring and thoughtful women.

My passion is my family and my volunteer work; especially helping today's children. I indulge myself with movies, (I love vampire movies), college football, reading JD Robb and James Patterson and watching BIG Brother.



Member Highlights

NEW MEMBER LAURA TRAINOR-COLLINS

I became an Altrusan in 1998 and currently serve as First Vice Governor and Program Coordinator for District Nine, and as a member of the International's Long Range Strategic Planning Committee. I am not a new Altrusan, but a new Richardson Altrusan, having recently transferred from Altrusa of Garland.

I was born in Syracuse, New York, and grew up in Massena, New York. I received a BS degree from SUNY Geneseo. I received a Master of Science degree in Audiology from the University of North Texas. In 1997, I opened the Advanced Audiology Center in Garland, Texas, where I evaluate hearing problems and fit and dispense hearing aids. It was during the Center's grand opening marketing campaign that Connie Reid, a dual membership Altrusan (Dallas and Northeast Dallas County) invited me to an Altrusa meeting. I read literature she sent and became intrigued by what Altrusans were accomplishing. I was doing some charity work on my own, but saw the advantages of becoming part of a group that could provide even more service. I have always believed in "girl power" and grew up with "women's lib" and this seemed right up my alley.



The "girl power" came about from lessons from my Dad. I remember going to a meeting with my Dad when I was about ten years old. The man he was meeting with shook my hand and introduced himself. When we returned home my Dad told me, "Laura Ann, in business it's a man's world. You are an intelligent young lady and will have many opportunities in your lifetime. The first impression you make will be your handshake so I am going to teach you how to shake hands." That lesson has served me well.

Tom Collins and I just celebrated our third wedding anniversary and we live in Oakridge in a home we bought last year. We have plenty of updating and remodeling plans for the future to keep us busy on the home front. I have been travelling back and forth to New York this past year due to my Mother's declining health. We are in the process of selling her home and getting her settled into an assistive living center. Sometimes I feel a bit like a travelling yo-yo while trying to juggle my home life, business, Altrusa and family responsibilities.

Thank you for the wonderful welcome from the Richardson Altrusans. I'm looking forward to some great times getting to know the members and being part of such an outstanding group of women.

Meeting Highlights

JULY 19 MEETING FEATURED THE ADVENTURES OF SUPERWOMAN

By Gay McAlister, Program Committee

Betty Murray, a Certified Nutritionist, Holistic Health Counselor, and Registered Yoga teacher, educated and entertained Altrusans at the July 19 meeting with her presentation "The Superwoman Myth: How Women Can Achieve the Career, Body, and Life of their Dreams." Betty, who is knowledgeable about the biochemistry of the body, founded Living Well Dallas where medicine meets self-care to merge autoimmunity, hormonal issues, weight loss, and metabolic and digestive disorders to make the science of nutrition easy to understand and implement.

Betty has authored two books on nutrition and has appeared on various radio and television shows. Betty blended humor and facts to inform our audience about the importance of setting performance indicators (actions without goals won't show progress!), the value of planning (set realistic goals rather than seeking 100% perfection), and the importance of establishing supportive networks to accomplish goals. She recognizes the power of women that is multiplied when we join together, and the value of surrounding oneself with other super friends—Altrusans! Her message spoke to the Altrusan values of collaborative efforts, planning and organization, goal-setting, and enjoying what you do.



President Kimberly Kierce with speaker Betty Murray at the July dinner/program meeting.

Member Highlights

WE KNOW HOW TO HAVE FUN!



Attending a committee meeting. . .



or being slurped by a pup. . .



or zipping around Alaska. . .



or getting together with our book club. . .



or showing up at a surprise birthday party!



District Nine News

2012 FALL LEADERSHIP EVENT TO BE HELD IN FREDERICKSBURG

By Laura Trainor-Collins, District Nine First Vice-Governor

The District Nine Board of Directors is hosting the Fall Leadership Event in beautiful Fredericksburg, Texas from 9:00am to 12:30pm, Saturday November 10, 2012. Fredericksburg has plenty of fabulous shopping, 12 wineries in the area, great restaurants and museums. The Inn On Barons Creek Spa and Conference Center is conveniently located two blocks from the historic Main Street within walking distance to shopping, dining and attractions in Fredericksburg.

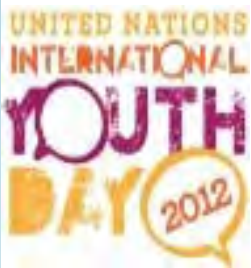
It's high season in the fall in the hill country so please make your room reservations ASAP. The Inn features two room suites with either a king bed or two queen beds, wireless internet, microwave, refrigerator, a heated saltwater pool and the Inn's hot breakfast bar is included. To reserve your suite, mention the special Altrusa rate of \$129 when you call 866-990-0202. The group rate and suite availability are guaranteed through October 10, 2012. The Inn On Barons Creek Spa features therapeutic massages, facials, body scrubs, body wraps, pedicures and manicures so book your relaxing treatment by calling 830-990-2580. You may also book your girls weekend spa treatment online at www.innonbaronscreek.com and chose from the extensive spa menu or take an online tour of the facility.

The registration form is available on the District Nine website. Send in the form and your check for \$20 to District Nine Treasurer, Linda Hurt. Instructions are on the form. A mid morning snack is included in the registration fee.

Mark your calendars, grab your fellow Altrusans and let's road trip to Fredericksburg for an Altrusa good time. Check the District Nine Website for updates, local wine tour information, and area events for that weekend. See you in Fredericksburg!



Special Report

INTERNATIONAL YOUTH DAY IS AUGUST 12

International Youth Day, celebrated annually on August 12, was designated by the United Nations in 1999 to draw attention to youth issues worldwide. "Building a Better World: Partnering with Youth" is the theme for 2012. To learn more, visit more? Visit <http://www.un.org/en/events/observances/days.shtml>.

Altrusa Accent

MEETING ATTENDANCE

Source: Bylaws and Policies, January 28, 2012

When a member misses a scheduled meeting, the meeting may be made up by attending a scheduled business or program meeting of another Altrusa Club, an additionally scheduled business or program meeting of the Club, an International Convention, a District Conference or workshop, prior to the end of the Club year. A "Credit for Attendance" card may be used to record all make-up meetings. All Altrusa Club meetings are open to all Altrusans.

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International News

ALTRUSA INTERNATIONAL SERVICE MANUAL ON WEBSITE

The Altrusa International Service Development Manual, revised in April 2012, is on International's website at <http://members.altrusa.org/Publications/Manuals.aspx>.

Also known simply as the Service Manual, it is designed to provide clubs with the necessary tools to:

- ◇ Conduct community assessments
- ◇ Develop Service Plans
- ◇ Have successful project planning
- ◇ Participate in Make A Difference Day
- ◇ Enter Awards for District Conferences
- ◇ Plan successful fundraising projects
- ◇ Promote your projects

International Foundation News

2012 MARKS 50TH ANNIVERSARY OF OUR INTERNATIONAL FOUNDATION

THE SIGNING! Ruth Wilkie, stenotypist, records Foundation's first meeting. Seated at table: Mamie Larsh, Ernestine Milnes, Lucile Alexander, Marcelle Foote. Standing: Hazel Williams, Viva Boothe, Edith DeBusk

The image above shows the original Articles of Incorporation of Altrusa International Foundation being signed in 1962. Edith DeBusk, President of Altrusa of Dallas in 1952-53, and first Governor of District Nine following redistricting in the 1950's, is standing, at right. She served as a legal advisor to Altrusa International; the Edith DeBusk President's Award was established in her honor by District Nine in 1969.

Club Calendar July 2012

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 <i>Jo Leeper bday</i>	4	5 <i>Altrusa Business meeting</i>	6	7 <i>Bobbi Klein bday</i>
8	9	10 <i>Carolyn Swanson bday</i>	11	12 <i>Kay George bday; SMALLS Dinner</i>	13	14
15	16	17	18	19 <i>Altrusa Dinner Meeting</i>	20	21 <i>Ability House: Roberto's bday</i>
22	23 <i>Retention: AWCLS book club</i>	24	25	26 <i>Altrusa Board Meeting</i>	27 <i>Janie Jaquier bday</i>	28 <i>Diane Thorpe bday; Richardson Public Library Book Rotation</i>
29	30 <i>Julianne Lovelace bday</i>	31				

Business Meetings, 7 pm, 1st Thursday, Clubhouse at the Richardson Woman's Club
 Dinner/Program meetings, 7pm, 3rd Thursday, Founders' Hall, at the Richardson Woman's Club
 Board meetings, 6 pm, 4th Thursday, Friends Place Adult Day Services

Events on this calendar are copied from the calendar on our website. See the event listing at www.altrusarichardson.com for details of time and place.

If you choose, you may bring a gift (worth about \$5) to the dinner meeting in the month of your birthday. There will be an opportunity to put our names in a drawing (only \$1 per chance!) to win a birthday gift. Proceeds are used for our administration budget.

Altrusa International, Inc. of Richardson, Texas
 P.O. Box 832101
 Richardson, TX 75083
 Carolyn Swanson, Newsletter Editor
contact@altrusarichardson.com
www.altrusarichardson.com

Club Calendar August 2012

SUN	MON	TUE	WED	THU	FRI	SAT
			1 <i>Kimberly Kierce bday</i>	2 New Member Pre-Orientation; JAG Summit Q&A; Altrusa Business Meeting	3 Foundation Fundraiser: Give Back Day	4 Ability House: Robert's bday
5	6	7	8	9 Retention: SMALLS Dinner	10 <i>Dena Davis bday</i>	11 <i>Brenda Boston bday</i>
12 <i>Linda Olivera bday; International Youth Day</i>	13 <i>GINNA COFFER bday</i>	14	15	16 Altrusa Dinner Meeting	17	18 <i>Jean Stuart bday</i>
19 <i>Linda Korn bday</i>	20 <i>COURTENAY TANNER bday; SAMANTHIA SLAIGHT bday</i>	21	22 Lunch Bunch at Aboca's	23 Altrusa Board Meeting	24	25 Retention: Book Swap Pool-less Pool Party
26 <i>Brenda Duckett bday</i>	27 Retention: AWCLS book club	28	29 <i>CINDY MURRAY bday</i>	30 <i>Freda Hanley bday;</i> 2012 Japan-America Grassroots Summit	31	

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